

RELEASE ME

CHOREO : Akihiko & Hiromi Tani, E-Mail : aki-tani@tbk.t.com.ne.jp
15-99 Nazukari Nagareyama CHIBA 270-0145 JAPAN
RECORD : Col-4292 (Release Me : Flip of There Goes My Everything)
ARTIST : Engelbert Humperdick Speed : 57 RPM (27 MPM)
FOOTWORK : Directions For Man, Womans Footwork Opposite Except Where Needed ()
RHYTHM : FOXTROT Phase III + 2 DIMND TRN, OPN TELEMAR
SEQUENCE : INT A B A C END



INTRODUCTION

1-4 LOP-FC/WALL WAIT 2 MEAS;; TOG TCH; BOX FINISH;

- 1-2 In LOP-FC/Wall Wait 2 Measures;
3-4 Fwd L to CP, -, tch R, -; bk R, -, sd L with trng 1/4 LF, cl R to CP/LOD;

PART A

1-8 FWD RUN 2; FWD RUN 2; 2 L TRNs fc WALL;;

WHISK; WING to SCAR/DW; X HOVER to SCP; MANUV;

- 1-2 In CP/LOD fwd L, -, fwd R, fwd L; fwd R, -, fwd L, fwd R;
3-4 Fwd L comm LF trn, -, sd R cont LF trn, bk L; bk R cont LF trn, -, sd L, cl R to CP/WALL;
5-6 Fwd L, -, fwd & sd R rising, XLIB rise on toe to SCP/LOD; fwd R, -, draw L twd R, tch L
(W fwd L, -, trng LF around M fwd R, fwd L) to SCAR/DW;
7-8 XLIF (W XRIB), -, sd R rise, rec L to SCP/LOD; fwd R with RF 3/8 trn, -, sd & bk L, cl R to CP/RLOD;

9-16 2 R TRNs fc WALL;; FULL BOX;;

HOVER to SCP; MANUV; SPN TRN; BOX FINISH fc DC;

- 9-10 Bk L comm RF trn, -, sd R cont RF trn, fwd L; fwd R cont RF trn, -, sd L, cl R to CP/WALL;
11-12 Fwd L, -, fwd & sd R, cl L; bk R, -, bk & sd L, cl R;
13-14 Fwd L, -, fwd & sd R rising, rec L rise on toe to SCP/LOD; REPEAT meas 8 of PART A;
15-16 Bk L pivoting 1/2 RF, -, fwd R cont trn rising on ball of R with L leg extended bk (W Fwd R pivoting
1/2 RF, bk L cont trn & brush R, fwd R) to CP/DW; bk R, -, sd L with LF 1/4 trn, cl R to CP/DC;

PART B

1-8 1 L TRN; 1/2 BOX BK; IMPTUS to SCP; PKUP DC; DIMND TRN;;;

- 1-2 In CP/DC fwd L comm LF trn, -, sd & fwd R cont LF trn, cl L to CP/RLOD; bk R, -, bk & sd L, cl R;
3-4 Bk L comm RF trn bring R beside L with no weight, -, cont RF trn on L heel & change weight to R, fwd L
(W fwd R between Ms ft pvt RF, -, sd & fwd L cont RF trn around M, fwd R) to SCP/LOD;
fwd R, -, sd & fwd L, cl R to CP/DC;
5-6 Fwd L with LF 1/8 trn to CP/COH, -, sd R with LF 1/8 trn, XLIB to BJO/RDC;
bk R with LF 1/8 trn to CP/RLOD, -, sd L with LF 1/8 trn, XRIF to BJO/RDW;
7-8 Fwd L with LF 1/8 trn to CP/WALL, -, sd R with LF 1/8 trn, XLIB to BJO/DW;
bk R with LF 1/8 trn to CP/LOD, -, sd L R with LF 1/8 trn, XRIF to BJO/DC;

9-16 2 L TRNs fc WALL;; TWISTY VINE; MANV; SPIN TRN; 1/2 BOX BK; PROG BOX;;

- 9-10 REPEAT meas 3-4 of PART A;;
11-12 Sd L, -, XRIB (W XLIF), sd L; XRIF (W XLIB) with RF 3/8 trn, -, sd & bk L, cl R to CP/RLOD;
13-14 REPEAT meas 15 of PART A; bk R, -, bk & sd L, cl R to CP/LOD;
15-16 Fwd L, -, sd & fwd R, cl L; fwd R, -, sd & fwd L, cl R;

PART C

1-8 OPN TELEMAR; HOVER FALLAWAY; SLIP PIVOT to BJO; MANV; SPIN OVER TRN; BK CHASSE to BJO; X PIVOT to SCAR; TWINKL to BJO;

- 1-2 In CP/DC fwd L between W's ft pvt LF, -, sd R cont LF trn, sd & fwd L (W bk R comm LF trn bring L beside R
with no weight, -, cont LF trn on R heel & change weight to L, sd & fwd R) to SCP/DW; XRIF, -, fwd L rise, rec R;
3-4 Bk L, -, bk R, fwd L (W bk R, -, pivoting 1/2 LF fwd L, bk R) to BJO/DW;
REPEAT meas 12 of PART B;
5-6 REPEAT meas 15 of PART A to CP/Wall; bk R, -, sd L/cl R, sd L to BJO/DW;
7-8 Fwd R pivoting 1/2 RF (W bk L heel trn), -, sd & bk L cont trn on ball, fwd & sd R to SCAR/LOD;
Fwd L, -, fwd R with LF trn, cl L to BJO/RLOD;

9-16 FWD & PT FWD; IMPTUS to SCP; THRU CHASSE to BJO; THRU FC CL;

WHISK; MANV; SPIN OVER TRN fc WALL; 1/2 BOX BK;

- 9-10 Fwd R, -, fwd pt L, -; Repeat meas 3 of PART B;
11-12 Fwd R to CP/Wall, -, sd L/cl R, sd L to BJO/DW; XRIF, -, sd L, cl R to CP/Wall;
13-16 REPEAT meas 5 of PART A; REPEAT meas 8 of PART A;
REPEAT meas 5 of PART C; bk R, -, bk & sd L, cl R to CP/Wall;

ENDING

1-2 TWIRL VINE to SCP; CHAIR & HOLD;

- 1-2 In CP/WALL sd L, -, XRIB, sd L (W sd & fwd R with RF trn under jnd lead hnds, -, sd L cont RF trn,
sd & fwd R) to SCP/LOD; fwd R with lowering knee and leaving the left foot in place body erect, -, -, ;