

# Round Notes



Denver, Colorado

December 2020/January 2021

## Presidents' Letter – Steve and Janet Pitts

Happy Holidays! We hope you had a peaceful, safe and happy Thanksgiving. Merry Christmas! Or, as my friend greeted me the other day: "Happy whatever does not offend you!"

CRDA held its first ever ZOOM AGM (Annual General Membership Meeting) on October 3<sup>rd</sup>. We elected new Board members. We welcome Jack and Gayle Baker, Jim and Marge Garcia, and Dave and Lenora Starr to the 2021 Board. CRDA also announced that we will not have our Midwinter's Dream Dance in January 2021. We may have a Fun Dance in January. Stay tuned! Check [www.crdanet.net](http://www.crdanet.net)! The fate of the Spring "Beginner's" Dance is unknown currently.



The next CRDA Board of Directors ZOOM meeting will be held on December 5, 2020 at 10 a.m. All CRDA members are welcome to attend. Please contact Steve at [stevepitts@mindspring.com](mailto:stevepitts@mindspring.com) or **303-332-1862**, if you wish to attend and receive Zoom login details. The Board will be choosing 2021 CRDA officers at this meeting.

Thank you to Justin Del Sol and to Mitchell Thompson for cueing a great dance at our October Fun Dance. All those who signed up attended! It was a thoroughly enjoyable dance!

Our November Fun Dance fell victim to COVID restrictions. At the time, we were wrestling with "can we legally dance" and "should we dance?" We opted for safety and canceled the dance. There was no Fun Dance scheduled during December.

One positive thing is that 2020 will be over soon! Another bright spot is that Chelsea Thompson is coordinating the 2021 Fun Dance schedule and will finalize the schedule before the end of the year. Watch the CRDA website, [www.crdanet.net](http://www.crdanet.net), for the 2021 Fun Dance schedule and list of CRDA events. CRDA has improved the way we set up dates, arrange for venues and offer dates to our CRDA cuers. Thank you, Chelsea, for your efforts.

Another plus is that we have our 2021 Gala scheduled and guest instructors booked! Our next Gala will be on October 1 and 2, 2021 and features guest instructors Debbie & Tim Vogt and Tom Hicks. The Gala will have the same theme: Roaring Twenties!! Same location: CSU Pueblo. For any questions about the 2021 Gala please contact Chuck or Melanie Thompson [melaniechuck@comcast.net](mailto:melaniechuck@comcast.net) or **303-277-0399**. (I hope that we have not forgotten how to dance by then!)

The 2021 Gala registration form and flyer are posted at [http://www.crdanet.net/flyers/2021-10\\_Gala.pdf](http://www.crdanet.net/flyers/2021-10_Gala.pdf). For Gala Registration, fill out the form, make checks payable to CRDA and mail your check and registration form to Karen Herr, 4535 Red Rock Dr., Larkspur, CO 80118.

Don't forget to renew your CRDA Membership for 2021. Mail your check to Sunny Woods and Erik Von Hortenau, 8237 Swadley Court, Arvada, CO 80005. Cell: 970-406-8908; Home: 303-635-6817; [SunnyJWoods@gmail.com](mailto:SunnyJWoods@gmail.com). The cost for 2021 dues is \$20 per address. Membership includes access to our newsletter ROUND NOTES! Membership renewal is due by January 1, 2021.

Dance Cancellation Policy: If a dance needs to be cancelled due to weather or pandemic complications, an email will be sent on the day of the dance to the CRDA membership. Cancellations will also be posted on CRDA's website.

You may contact Steve Pitts at **303-332-1862** or [stevepitts@mindspring.com](mailto:stevepitts@mindspring.com) or Janet at [jpitts@mindspring.com](mailto:jpitts@mindspring.com)



## CRDA Board Members

2020

[boardmembers@crda.net](mailto:boardmembers@crda.net)

Steve and Janet Pitts - (21)\* President  
303-332-1862 [stevepitts@mindspring.com](mailto:stevepitts@mindspring.com)

Mitchell and Chelsea Thompson (22)  
720 933-7294 [dancerbowler214@aol.com](mailto:dancerbowler214@aol.com)

Kathryn Dow - (20)  
303-997-3206 [kathryn@bradley-family.com](mailto:kathryn@bradley-family.com)

John and Karen Herr - (20)  
303-681-3147 [kherr00@mac.com](mailto:kherr00@mac.com)

Chuck and Melanie Thompson (22)  
303 277-0399 [melaniechuck@comcast.net](mailto:melaniechuck@comcast.net)

Jim and Margie Garcia(23)  
303-469-4096 [gar905@comcast.net](mailto:gar905@comcast.net)

Larylee Hitchens (20) Vice-President  
719-358-0533 [laryleehgood@yahoo.com](mailto:laryleehgood@yahoo.com)

Frankie Travis and Ken Matuska -(22) Treasurer  
720-935-4189 [fravis3@comcast.net](mailto:fravis3@comcast.net)

Kathi Gallagher - (21)  
303 915-2981 [godpod1054@hotmail.com](mailto:godpod1054@hotmail.com)

Jim Steverson and Pam King - (21)  
303 679-3667 [kingsmalley@gmail.com](mailto:kingsmalley@gmail.com)

Jack and Gayle Baker (23)  
303-770-2789 [j07baker@yahoo.com](mailto:j07baker@yahoo.com)

Dave and Lenora Starr (23)  
303-378-4081 [Lwhitestarr@comcast.net](mailto:Lwhitestarr@comcast.net)

*\*term-ending years in parentheses*

## COMMITTEE MEMBERS AND CONTACTS

<b>Membership:</b>	Sunny Woods and Erik Von Hortenau <a href="mailto:SunnyJWoods@gmail.com">SunnyJWoods@gmail.com</a> 303-635-6817
<b>Round Notes:</b>	Karen Herr <a href="mailto:kherr00@mac.com">kherr00@mac.com</a> 303-681-3147 Proof Reader: MaryKaye Buchtel <a href="mailto:starbucket@comcast.net">starbucket@comcast.net</a> 303-909-0271
<b>Hall of Fame:</b>	Jim and Margie Garcia <a href="mailto:gar905@comcast.net">gar905@comcast.net</a> 303-469-4096
<b>Fun Dances:</b>	Chelsea and Mitchell Thompson <a href="mailto:dancerbowler214@aol.com">dancerbowler214@aol.com</a> 720 933-7294
<b>Spring Dance 2020:</b>	Becky and Dave Evans
<b>Sunshine and Shadows</b>	Margie and Jim Garcia <a href="mailto:gar905@comcast.net">gar905@comcast.net</a> 303-469-4096
<b>Gala 2020:</b>	Melanie and Chuck Thompson <a href="mailto:melaniechuck@comcast.net">melaniechuck@comcast.net</a> 303-277-0399
<b>Cuer Selection:</b>	Steve and Janet Pitts, Jim and Sharon Peyrouse John and Karen Herr
<b>Web Page:</b>	Harold Sears <a href="mailto:harold@rounddancing.net">harold@rounddancing.net</a>
<b>Facebook:</b>	Fred Layberger <a href="mailto:laybergerf@aol.com">laybergerf@aol.com</a> 719-268-1233 Patrick and Eileen Krause <a href="mailto:krause.p@comcast.net">krause.p@comcast.net</a> 303-690-0916



## **Dances from Around Colorado (CRDA members' input)**

### **Castle Dancers (Denver Area) Roy and Marcia Knight**

Marcia prepared a wonderful meal of Lasagna Soup and Parisian Torte. Taught Alice Blue Gown the Classic by Utley and Alice Blue Gown (Preskitt) IV WZ.

### **Dancing Shadows (Grand Junction) Tom and Dot Reporting**

Still nothing happening here in the western slope. No dancing of any kind! Hope everyone is safe.

### **Dancing Penguins (Denver Area) John and Karen Herr**

Thursday nights have been great fun! We've been dancing Foxtrot, Slow Two Step, Cha, and Rumba a lot! And it's been wonderful to see each other and smile! We are going to cut back our dancing in December. We will respect the COVID dial.

#### **Monday and Friday and Tuesday**

- We are trying to find ways to come back to dancing!

#### **Thursday**

Wake The Town (Gloodt) III+ JV/FX  
Love Will Find A Way (Gloodt) IV+ ST  
Fly Me To The Moon (Preskitt) IV RB  
I'm Alive (Kline) III + CH

### **DREAM-A-ROUNDS (Los Alamos) Bob and Sally Nolen**

We are dancing 2 times a week. Here is a sampling of what we are dancing.

Boom Boom Went My Heart (Weiss)- IV +2 FT -  
Better Place - (Johnson) V + RB-  
Jessie - V+0+3 (Shibata) VI WZ  
Try to Remember - (Rumble) VI HCW -  
Jurame - (Worlock) V + RB -  
I Can Love You Like That (Johnson) - V+ BL  
No Walls, No Ceilings, No Floors - (Schmidt) VI WZ  
Cross My Heart (Bunn) - V+ ST -  
Para Todo La Vida (Higawara) V+ RB  
I'll Never Love Again (Hicks) V ST

Right Here Waiting (Preskitt) - V+ RB -  
Am I Crazy Cha Toles - IV CH  
Cheek to Cheek Chadd - IV+1 FT  
Cake by the Ocean (Rumble) - VI WCS  
11 Months & 29 Days (Wolf) - V+ Randy & Rose  
Begin To Color Me (Read) - VI WZ  
Peyton Place - (Lamberty) V WZ  
You are the Reason (Worlock) - V+ ST  
Theme from Frozen - (Worlock) VI WZ

### **Rnd'em Up (Colorado Springs and Franktown) Justin del Sol**

On Sundays, we are doing levels II-IV. Tuesdays, we are working intermediates and workshopping as needed as we go. Always open to requests. Our sessions have minimal attendance, and plenty of spaciousness for interested dancers. So, the offer is there; I will be there whether or not dancers Show. Come dance awhile, we have plenty of space, and yes, we are using facial masks. Contact Justin at 720-635-7202.

### **Square Dance Etc (Castle Rock and Denver) Allynn and Bob Riggs**

We have not done anything with Round Dancing with real people since March, except sort through the multiple boxes of records gifted to us over the past years. We just located several boxes of 33 rpm long play albums of dance music in various rhythms from 1930s through 1970s! We have not played these yet, but it is enticing to know they are there on the shelves in our basement. We do have a list of some great music on 45 rpm vinyl to which remarkably interesting dances were written that hail back into the 1960s. Most are not on the RAL website. Some of them are dances we learned in the 1970s and can almost dance - because we learned them by step cues not by figure names. Some of the figures we have found to be on widely different Phase lists (currently) and are still very danceable when given the step cues. It's fun and frustrating. The music is amazing. We do look forward to a future filled with dancing - sooner rather than later - but we are working hard at being patient and understanding.

### **Telefeathers (Denver Area) Harold and Meredith Sears**

Personally, I am continuing to search out new dances and to work them up. When we dance again, I'll be ready ☺. I notice the Worlocks did hold their Fall Colossal in Plant City, Florida, where they presented four new dances. I'm looking forward to seeing them. More info at [www.rounddancing.net](http://www.rounddancing.net)

**Editor's Byline**

**Thanksgiving is here! And it's time to count your blessings. I know I have many blessings. And they start with the obvious—my family. I am truly blessed to have my mom with us still. At 89 and her not in great health, I treasure each day with her!**

**I am also very blessed to call the dancers my friends! And at times, I think of them as family, also. I am very thankful that I have my health and both John and I have stayed healthy during all of this. We've had some bumps, but over all our health is been good!**

**And the list could go on and on. I hope you think of your blessings! It makes the days go so much better!**

## Sunshine and Shadows

Contact Jim and Margie Garcia at [gar905@comcast.net](mailto:gar905@comcast.net) if you know of someone who needs to receive a sympathy, get well, encouragement, or congratulations card.



Erik Von Hortenau (Pace Maker) Get Well  
Leroy Shade (Heart Issue)—Get Well  
Family of George Smith Sympathy  
Georgeanna Pavlica (Broken Ribs)- Get Well

**Future Events by CRDA Members  
None scheduled at this time for 2020**



# Colorado Round Dance Association Hall of Fame Nomination Form

Do you know someone who is or was a member of CRDA? Did they take that extra step and become involved in Galas, committees, the Board of Directors, or Cue? Did they make a difference in the sport of Round Dance, especially in Colorado? Did CRDA or Round Dancing grow or change because of them? If you can say "yes" to any of these questions, the CRDA Hall of Fame Committee is looking for them. Please take the time to fill out the Nomination Form so we can get them the recognition they deserve. Don't wait for someone else to nominate them. Do it today!

I/We nominate:

\_\_\_\_\_ to the CRDA Hall of Fame.

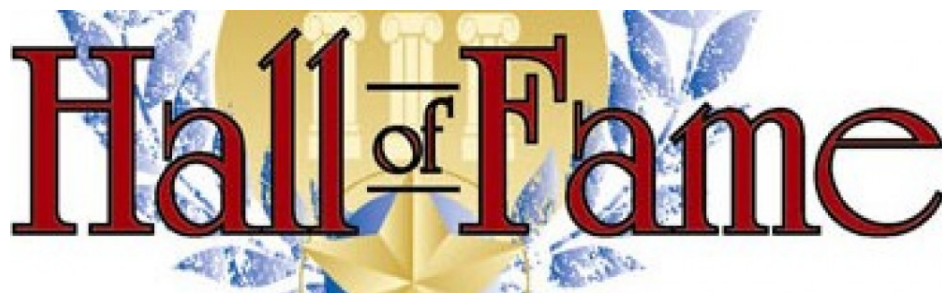
I/We believe they should be in the CRDA Hall of Fame because:

*(include a short statement on a separate sheet of paper)*

CRDA Member \_\_\_\_\_

Please send this nomination form via email or post to:

Jim and Margie Garcia     [gar905@comcast.net](mailto:gar905@comcast.net)  
905 Mesa Ct  
Broomfield, CO 80020  
303-469-4096





**A Roaring 20's Gala  
2020/2021 Gala News:**

We are looking forward to next year's "Roaring 20's" Gala, which will be October 1<sup>st</sup> and 2<sup>nd</sup>, 2021 with guest cuers Debbie & Tim Vogt and Tom Hicks at our favorite Ballroom at CSU Pueblo. We are looking forward to having some normalcy and to seeing all of you again!

If you were registered for the 2020 Gala and did not request a refund, you are already registered for the 2021 Gala; there will be no additional charge. We plan to have a clinic by our featured cuers on Friday afternoon from 2 to 4 p.m. There will be two clinic halls. Something for everyone regardless of your level. We will also be using three floors on both Friday and Saturday nights. This will allow everyone to dance. So, if you are not already registered, send in your registration and join the fun!

Our host hotel will be the Ramada Inn. The price is \$65 per night. Our hotel block is for Thursday, Friday and Saturday night. You can book one, two, or all three nights – do whatever works for you. Make sure to mention you want to book a room with the CRDA block.

If you have any questions or concerns, please feel free to call me.

Melanie and Chuck Thompson  
303 277-0399 [melaniechuck@comcast.net](mailto:melaniechuck@comcast.net)



**Note from our Membership Chair!  
Sunny Woods and Eric Von Hortenau**

**New members  
None currently. (Encourage your friends to join)**

**The 2021 Dues are due now. Consider it a Christmas gift to keep CRDA funded even if the number of fun dances and attendees are reduced.  
We thank you!**

**Mail your \$20 check made out to CRDA to:  
Sunny Woods and Eric Von Hortenau  
8237 Swadley Court  
Arvada, CO 80005**

**Contact: [SunnyJWoods@gmail.com](mailto:SunnyJWoods@gmail.com)  
Cell: 970-406-8908; Home: 303-635-6817**

## IT'S ALL ABOUT WALKING, SORT OF

by Sandi Finch

It's often said—if you can walk, you can dance. And true as that is, that is also part of the problem with learning to dance. We don't actually think about how we walk, and in dance, there is more than one way to walk.

The steps you take in Latin dances differ from how you step in the smooth dances, and differences occur even in the smooth dances. All that falls under the characteristics of each rhythm. You will not want Tango to look like Foxtrot or Waltz, or Rumba to look like Waltz. You should be able to identify a rhythm by what a short sequence of steps looks like.

But before you sort out those differences, you need to understand what "walk" really means, besides just taking a step. When you take a step, you must transfer weight to the stepping foot. In dance, that means you commit your weight to the new standing foot and the other foot is free to take another step.

We generally walk flat footed, which means after one step, you might still have both feet flat on the floor with split weight. Beginners start off dancing like that. If you tell them to commit weight to one foot, they often close the other foot to it and stand with weight on both feet. In either case, they cannot be sure which foot should move for the next step. Start giving them timing and watch the confusion.

At some point, beginners learn to flex their feet, stepping either onto the ball of their foot or leading with a heel. But in the beginning, flat feet prevail. A teacher needs to spend time drilling a series of steps — walking, closing, touching, walking again, first with voice cadence and then with music. Teach them to finish a sequence with the heel of their free foot raised, so they can be sure which foot is free. Seems boring to one who is a dancer, but crucial for the newbies, if they want to continue in the activity. Consider how much more confusing footwork will be when you add syncopations as in Cha Cha and Jive in Phase III, where you don't take full weight on each step.

It helps to understand that committing your weight means shifting your center of gravity to be over the new standing foot. Think that there is a plumb line from your ear, down through your shoulder, skimming your hip and dropping to the ball of the foot. To move in this way is learning the concept of moving your body, which is the true basis of dancing.

When you think about it, this explains partially why Two Step has been the first rhythm taught in the past. It is a casual rhythm, which can be danced as a new dancer walks, flat-footed. This gives time to adjust to the concept of transferring weight on each step, with no complicating issues like rise and fall.

The walk in the Foxtrot begins to rise to an artform, to create the look of gliding with the slightest bit of rise. It is called the dancer's dance and footwork for the steps is described in detail to achieve its characteristic look. It may be the first time you start thinking about how to use specific parts of the foot—heel, ball, toe-on each step.

The basic Feather begins with man's weight on his left foot, knees flexed. As the right foot moves forward, first the ball of the foot will skim the floor, then its heel as the feet pass. The leg will straighten as the heel touches down. The body then is in mid-stride, equally balanced between the heel of the right foot and the ball of the left foot. You will hear the terms heel-toe as the step continues onto the toe of the next foot, then toe-heel, completing the description of the proper flexion of the foot on each step.

You may never walk down the street the same way again.

## Why Ballroom Dance Is Your Best Fitness Program

George Pytlik

*reprinted with permission from [Delta Dance](#)*

Thinking about how you're going to get into the best shape of your life? You may have been planning to take up running, cycling, going to the gym, or another form of physical fitness. But did you know that ballroom dancing is the best way to get yourself into great physical and mental shape?

Ballroom dancing brings with it a surprising number of health benefits. While it's always a good idea to cross-train with other forms of fitness and exercise, ballroom dance provides most of the benefits you get from all other forms of physical activity, along with others unique to dancing. Ballroom dancing can help enhance memory, alertness, awareness, focus, and concentration. You also reduce stress and increase confidence.

Here's a look at a few of the most valuable fitness benefits of ballroom dance.

### Physical Fitness

Obviously, the first thing most people think of is the physical side of dancing. It involves plenty of movement which keeps your legs moving and your heart pumping. A German study of championship-level dancers found that one minute of the Jive or Quickstep at the highest level of dancing was equivalent in physical exertion to that of 800-meter Olympic runners!

You don't have to be an elite athlete to get huge fitness benefits from ballroom dance. Even if you just dance socially you can easily burn 300-400 calories per hour in the Ballroom or Smooth dances, or more if you include the Latin or Rhythm dances.

*Even if you just dance socially you can easily burn 300-400 calories per hour or more*

Dancing movements use primarily the muscles in the legs. These are the largest muscles in the body. But other muscles are used in ballroom dancing that don't see the same use in other dance forms. Holding your frame is a key aspect of ballroom dancing that involves the core muscles. You need a strong core to have great dance posture and to hold your arms in position for extended periods of time without letting your frame collapse. Your balance will improve considerably. So will your ability to maintain stability through all kinds of movement.

By learning to rise and fall and perform other dance movements, you increase the strength of your feet, ankles and knees, and of weight-bearing bones. This helps to prevent or slow the bone loss related to osteoporosis. And this happens without the high impact requirements of other fitness exercises like running.

As you get more experienced as a dancer, you begin to involve the use of your back and rib cage as well to achieve more sophisticated technique. Plus, you learn to breathe while you dance, allowing your body to receive higher levels of oxygen and building increased lung capacity through your dancing. Breathing is a powerful aspect of any effective fitness program and it's built right into ballroom dance technique.

### Mental Fitness

All forms of physical activity release chemicals known as Endorphins. These are hormones that interact with the receptors in your brain to reduce your perception of pain. Endorphins also trigger a positive feeling in the body. That euphoric feeling, also known as a "runner's high," can be accompanied by a positive and energizing outlook on life. Endorphins are generated in all physical fitness programs. They reduce stress and decrease both blood pressure and bad HDL cholesterol.

There's nothing like getting on the dance floor to help stress melt away. Often when I teach near the end of the day students come in filled with problems from work. Those work stresses and pressures lift right off their shoulders and the students feel positive and energetic minutes later.

Swedish researchers studying teenaged girls with stress, anxiety and depression saw a decrease in anxiety and stress levels among those who took up partner dancing. They also saw marked improvement in mental health and patients reported being happier than those who did not participate in dancing.



Numerous studies have found that ballroom dancing has significant mental benefits not found in other forms of physical activity. Because it involves constant use of short-term memory as dancers create new patterns of movement, ballroom dancing has been found to create more intricate neural pathways.

A variety of studies have associated ballroom dancing with reduced risk of memory diseases or cognitive impairments like Alzheimers and dementia. Researchers postulate that this is due to the constant use of intelligent short-term memory combined with physical activity and music. These aid the long-term efficiency of memory pathways. One study in particular found that ballroom dance had by far the greatest positive impact over all other forms of mental exercise.

### **Building Confidence**

Fitness is not just about your muscle tone and a healthy mind. One of the reasons people work so hard to get and stay fit is because it builds self confidence which enables them to be more productive in work and life. With confidence comes self-assurance that you can achieve other goals and the ability to resolve problems more easily by dwelling on positive outcomes. Learning to ballroom dance creates a life-long skill that empowers you in every aspect of your life.

Simply knowing that you have this ability is valuable, even if you don't feel the need to discover how good you are through competition or medal tests.

For men in particular, the skill of knowing how to dance provides a natural connection to the opposite sex that can't be matched by simply going to the gym. With this skill in hand, every opportunity to dance can feel comfortable and empowering. Dance also improves your communication skills with women. While other men cringe at the thought of being asked to dance at a social event, those who know how to dance can boldly get up on the floor with anyone. And that sense of accomplishment increases with every additional lesson you take.

### **Creative Self-Expression**

We are all built with a certain creative instinct. For both men and women, ballroom dancing provides a natural outlet for creative expression. When you know how to dance, you can skillfully use music to express your own interpretation of the music. After only a few lessons you'll begin to understand how you can move your feet and body in a sophisticated and visually appealing way. The rhythm you feel inside can be expressed in more ways than just tapping your feet!

### **Social Fitness**

Ballroom dancing is a group activity and connects people beautifully in a world that is increasingly disconnected. Social Media is not the same as social interaction. Being in a room with others who share your interest provides a sense of connectedness that can't be matched by going on Facebook or Instagram. Being physically in contact with others, holding onto another person, during physical activity is even better and beneficial to lowering stress and depression levels. Studies have found that social media actually contributes to an increased sense of loneliness, leading to growing rates of depression. Partner dancing, on the other hand, creates a sense of belonging and community that reduces loneliness and brings people together.

Ballroom dance lessons offer you a great opportunity to expand your social circle. Lessons and social dancing builds connections. They let you engage with people in a low-pressure environment, where there are no expectations. It's perfect for younger singles who want to step up their dating game, couples looking to reconnect, and for adults who want to build a new life skill. Since the people you meet all share your passion for dance, these interactions often transition into lasting friendships.

So, if you've decided that this is the year you want to get into the best shape of your life, put ballroom dance lessons into your fitness schedule.





# CRDA Membership



## GENERAL INFORMATION

Since 1961, CRDA has been an unusually active state, round dance organization. CRDA sponsors dance events throughout the year, most notably the fall Gala weekend with nationally recognized guest cuers-instructors, an informative bi-monthly newsletter, Round Notes, and our website at [www.crda.net](http://www.crda.net). CRDA is primarily a dancer-run organization, staffed by both dancers and instructors who contribute their time, knowledge, and skill. CRDA is managed by a Board of Directors consisting of 9 couples elected from the general membership. Membership in CRDA is an important way to support the services that CRDA provides and to support round dancing generally. If you love round dancing, support it through your membership! CRDA encourages dancers to share in the 4 E's of Round Dancing --

**EXCITEMENT, EDUCATION,  
EXCELLENCE and ENJOYMENT.**

## ROUND NOTES

ROUND NOTES is a bi-monthly newsletter sponsored by CRDA to help keep Round Dancers aware of local and national activities and to promote Round Dancing.

A few of the featured articles include:

- \*A listing of both local and out-of-state Round Dance activities and festivals
- \*Round dance lessons and workshops information
- \*Dance Parties and Gala Information
- \*Other Special Dance Events
- \*Articles with tips on dance technique

The newsletter is **INCLUDED** in your CRDA membership and is a great way to stay in tune with what is being offered locally and nationally.

## WEBSITE <http://www.crda.net>

The CRDA website began in 1989 and includes a wide variety of information, including: state classes and clubs; CRDA sponsored dances; round of the month and classic of the quarter; contact information; places to dance around the world; and a wide variety of dance-related links and groups.

Email notices are sent for upcoming events and notices of dance cancellations due to weather.

Opportunity to vote on the dances/songs which will be a part of the program in the various halls for the Gala and the opportunity to vote at the annual membership meeting, as well as having an influence for the future direction and activities for CRDA

## DANCE EVENTS THROUGHOUT THE YEAR:

CRDA members receive a **SUBSTANTIAL DISCOUNT** at all CRDA events: the Spring Beginner Graduation Dance,

phase II-easy IV, an Intermediate Dance, phase III-easy V, monthly Fun Dances, & the Fall CRDA Gala, phase II-VI. The Gala features an enjoyable weekend of teaches, clinics, and dancing, for ALL LEVELS of Round Dancing (beginner – advanced). Nationally prominent guest instructors are hired and local cuers/instructors lend their expertise. The Gala is held on the first weekend in October.

## **ALL THIS FOR ONLY \$20. 00 PER YEAR – DUE JANUARY 1\***

\* New Member subscribing in a month other than January, multiply \$2.00 by the number of months left in the year to calculate the amount owed for dues (ex: Aug = \$10.00)

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### CRDA APPLICATION FOR MEMBERSHIP

**\$20.00 per year per address (new members may prorate)**

New Member  Renewal Member  Cuer

NAME \_\_\_\_\_

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY STATE ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

EMAIL \_\_\_\_\_

**We would like to receive our Round Notes (check one)**

By EMAIL (thank you!)  By Regular Mail

**Email version: added content, in color, saves trees and postage**

**CRDA BADGES: \$12 ea. for pin-style, \$14 ea. for magnetic-style:**  PIN  MAGNETIC

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

ANNUAL MEMBERSHIP \$20.00 \$ \_\_\_\_\_

**DUE JANUARY (new members may prorate \$1.50/month)**

CRDA BADGES \$ \_\_\_\_\_ TOTAL \$ \_\_\_\_\_

**MAKE CHECKS PAYABLE TO:**

**"Colorado Round Dance Association" or "CRDA"**

**MAIL TO: Sunny Woods and Erik Von Hortenau  
8237 SWADLEY COURT  
ARVADA, CO 80005  
[SunnyJWoods@gmail.com](mailto:SunnyJWoods@gmail.com)**

COLORADO ROUND DANCE  
ASSOC. PRESENTS:

# A ROARING 20'S GALA OCTOBER 1 & 2, 2021

PHASE II-VI LEVEL DANCES  
FIGURE CLINICS TAUGHT BY  
OUTSTANDING TEACHER/CIERS



**LOCATION:**  
OCCHIATO BALLROOM  
CSU PUEBLO  
2200 BONFORTE BLVD.  
PUEBLO, COLORADO 81001

3 Beautiful, Hardwood  
Dance Floors

## FEATURED CIERS



**DEBBY & TIM VOGT**



**TOM HICKS**

**Host Hotel:** Ramada Inn, Pueblo  
4703 North Fwy Rd. Pueblo, CO 81008  
Phone #719-544-4700

Mention CRDA when calling to make a reservation  
The rate is \$65 per night plus 11.7% tax. Breakfast is  
included. This special price is only available until  
the block is filled. You can start booking rooms  
now. 15 rooms have 2 queen beds & 30 rooms have  
a king & a sleeper sofa. The After Party will be held  
at the Ramada Inn.

**RV Information:** For hook-ups, KOA  
is located at 4131 Interstate 25  
North, Pueblo, CO 81008 (6.8 miles  
from the Ballroom).  
The phone number is  
(800) 562-7453.

**Lunch is on your own. There is a nice  
cafeteria in the Student  
Center and many restaurants close by  
in Pueblo**

**Tentative Schedule**

**Friday Afternoon** 2-4 PM: Clinic  
**Friday Evening:** Party Dance  
**Saturday Daytime:**  
Dance Teaches, &  
General Board Meeting  
**Saturday Evening:** Party Dance  
Details will follow later:  
**Watch the CRDA Website for  
latest information:**  
<http://crda.net>

For more information:  
Chuck & Melanie Thompson  
[melaniechuck@comcast.net](mailto:melaniechuck@comcast.net)

**2021 Colo. Round Dance Association's 60th Anniversary Gala Registration Form**

His Last Name	His First Name	Her Last Name	Her First Name
<b>Street Address</b>	<b>City</b>	<b>State</b>	<b>Zip</b>
<b>Phone Number</b>	<b>E-mail Address</b>		
First Time Gala Participant	\$100	Singles Pay Half ____	
FULL PACKAGE (pre-registration until 4/30/2021)	\$120 Members	\$140 Non-Members (Includes remaining 2021 membership)	Singles Pay Half ____
FULL PACKAGE (5/1/2021-9/15/2021)	\$130 Members	\$150 Non-Members (includes remaining 2021 membership)	Singles Pay Half ____
PRICE AT THE DOOR	\$140 Members	\$160 Non-Members (doesn't include remaining 2021 membership)	Singles Pay Half ____
Individual Sessions include: Fri. afternoon, Fri. Evening, Sat. morning, Sat. afternoon, & Sat. evening: \$40 per session -Singles Pay Half ____			

**Make checks payable to CRDA. Mail to:**  
Karen Herr  
4535 Red Rock Dr.  
Larkspur, CO 80118

**\$5 Cancellation Fee Prior to 9/1/2021 NO refunds after 9/1/2021**  
( One Time Rollover Allowed )

**Upcoming CRDA Dates 2020:**

**2020**

December 5            Board Meeting            Zoom            10:00 a.m.

**Future Gala Dates**

October 1 and 2, 2021            October 7 and 8, 2022

Karen Herr  
4535 Red Rock Dr.  
Larkspur, CO 80118

October-3<sup>rd</sup>, 2020 - CRDA Board of Directors Meeting  
Saturday, October 3<sup>rd</sup>, 2020  
ZOOM Meeting, 10:00 a.m.

**Call to Order:** Meeting was called to order by President Steve Pitts at 10:04 a.m.

**Attendance:** Mitchell and Chelsea Thompson, John and Karen Herr, Jim and Margie Garcia, Chuck and Melanie Thompson, Jack and Gayle Baker (proxy for Kathryn Dow), Larylee Hitchens, Jim Steverson and Pam King

**Approve 2022 and 2023 Gala Compensation Amounts:**

**2022:** The Cuer Selection Committee has chosen Rotscheid and Nolen to be our featured cuers in 2022. At a previous Board meeting, we had approved a salary for Rotscheid. A motion was made, seconded and passed that we authorize Steve to pay Rotscheid provisional more. Motion was made, seconded and passed to set the salary for Nolen.

**2023:** The Cuer Selection Committee has chosen Preskitts and Molitoris to be our featured cuers in 2023. A motion was made, seconded and passes to set the salary for Preskitt. A motion was made, seconded and passed to set the salary for Molitoris.

With these motions, the Board has approved salaries through 2023.

Discussion was held about our Gala losing money every year. Do we have the money to increase cuer fees? It was decided we are increasing Gala costs to compensate for losses.

Maple Grove is not available on Sunday or on the 2<sup>nd</sup> and 4<sup>th</sup> Sat. The Board wants a couple of dances on Sunday.

No telephone agreement/acceptance; physically signed, PDF signed, or email acceptance only.

Motion made, seconded and passed to adjourn the meeting



**Annual General Meeting**  
Saturday, October 3<sup>rd</sup>, 2020  
ZOOM Meeting, 1:00 p.m.

**Call to Order:** Meeting was called to order by President Steve Pitts at 1:12 p.m.

**Minutes: (Chelsea Thompson)**

Motion was made by Jack Baker, seconded by Roy Knight and unanimously approved by the ZOOM Survey to approve the minutes as presented.

**Treasurer's Report: (Frankie Travis, presented by Steve Pitts)**

Motion was made by Pam King, seconded by Rich Breidenbach and unanimously approved by ZOOM Survey to approve the report as presented.

**Election of New Board Members:**

Rotating off the Board are Kathryn Dow, John and Karen Herr, and Larylee Hitchens (serving Justin Judd Del Sol's term). Current nominations to the Board are Dave and Lenora Starr, Jack and Gayle Baker, Jim and Margie Garcia. Karen nominated Larylee Hitchens from the floor. The opportunity to bring additional nominations was presented to the floor three times with no additional nominations. Voting proceeded. Dave and Lenora Starr and Jack and Gayle Baker received the most votes. There was a tie for the 3<sup>rd</sup> election and a tie breaker vote was conducted between Jim and Margie Garcia and Larylee Hitchens. The final candidates elected to the Board were Jim and Margie Garcia.

**Officer/Committee Reports:**

**President's Report: (Steve Pitts)**

The 2020 Mid-Winter's Dream Dance was held on January 26<sup>th</sup> at the Avalon Ballroom. The Midwinter's Dream Dance was well attended during this new date. Thank you to Earl Smith for chairing this event. Teachers included Roy Knight and Melanie Thompson, Harold & Meredith Sears and David & Becky Evans. Evening Cuers included Krause, Knight, Evans, Sears, Gomez, Herr and Thompson. It was fortuitous CRDA decided to move it to January for this year. Thank you to Earl, the teachers, and the cuers for making this event possible.

Due to COVID restrictions NO dancing during March thru June 2020. (The Spring Beginner's Dance was cancelled as well.)

CRDA Fun Dances started again in July with appropriate protocols in place to help keep dancers as safe as possible and follow local government regulations for COVID 19. CRDA decided to add an October Fun Dance due to cancellation of the 2020 Gala.

The 2020 National Guest Cuer/instructors, Randy & Marie Preskitt and Bob & Sally Nolen were *very gracious* and willing to reschedule for a future Gala. No monetary losses occurred for the Gala. Melanie and Chuck Thompson will provide details in the 2020 Gala report.

**Dance Event Plans For 2021:**

2021 January Mid-Winter's Dream Dance was canceled. The CRDA Board voted in August to not schedule this dance for 2021 due to COVID 19. Facilities for larger events are not available. This dance has been held at the Avalon Ballroom in the past. We will plan for January 2022.

**2021 Spring Celebration Dance**

We are holding out hope to have the event but will need to wait to see if we have a place to hold the event. We will notify the membership if we are able to schedule the dance.

A big Thank You to all the dancers and cuers who have been willing to be flexible this year. We appreciate your support, cooperation, feedback, and help as we navigate through this difficult, unknown time.

We wish to thank to the Board members who have supported and helped us during "COVID" 2020. We also wish to thank Kathryn Dow, John and Karen Herr and Larylee Hitchens for their service as they rotate off the CRDA Board .

RENEW your CRDA Membership! Cost of the 2021 dues is \$20 per address. Make check Payable to **CRDA**. Send to the Membership Chair:

Sunny Woods and Erik Von Hortenau  
8237 Swadley Ct., Arvada CO 80005  
cell: 970-406-8908; home: 303-635-6817  
email: [SunnyJWoods@gmail.com](mailto:SunnyJWoods@gmail.com)

The next CRDA Board of Directors meeting will be on December 5<sup>th</sup> at 10 a.m. Location and type of meeting is to be determined.

**Vice President's Report: (Larylee Hitchens)**

No report

**Round Notes: (Karen Herr)**

There was an error in the most recent edition of Round Notes. The Fun Dance on page 12 will be held at the **Maple Grove Grange**, not the Wheat Ridge Grange! We are down to 18 printed copies of Round Notes. Thank you for helping keep costs down by receiving Round Notes electronically.

**Gala 2020/21: (Chuck & Melanie Thompson)**

As most are aware, the Gala for 2020 has been cancelled. Otherwise we'd be in Pueblo right now. We're looking forward to next year's Gala which will be October 1<sup>st</sup> and 2<sup>nd</sup>, 2021, with guest cuers Debbie & Tim Vogt and Tom Hicks at our favorite Ballroom at CSU Pueblo. We're looking forward to seeing all of you at the Gala next year. Chuck and Melanie are the Gala Chair for 2021. We're going to stick with the same theme, the "The Roaring 20's". The price for next year's gala has gone up by \$10 per couple, but if you were registered for the 2020 Gala and did not request a refund, you are already registered for the 2021 Gala and there will be no additional charge. We're still planning to have a clinic by our featured cuers on Friday afternoon from 2 to 4 p.m. We will be using three floors on both Friday and Saturday night. We will be catering to all levels. So, if you are not registered, send in your registration and join the fun!

Our host hotel will be the Ramada Inn. The price has gone up to \$65 per night which is still reasonable. Our hotel block is for Thursday, Friday and Saturday nights. You can book one, two, or all three nights. Make sure to mention you want to book a room with the CRDA block. If you have any questions or concerns, please feel free to call me.

Melanie and Chuck Thompson  
303-277-0399  
2021 Gala Chair

**Cuer Selection Committee: (Karen Herr)**

As a reminder, the Selection Committee does take recommendations, but the Board must approve the selections, so not all recommendations will be selected.

**Fun Dances 2020: (Steve & Janet Pitts)**

Fun Dances were held in February, July, August, September. We have lost a modest amount of money on each dance. The Board discussed this and voted to continue the Fun Dances for 2020 and 2021.

October 10 at Maple Grove Grange at 7 p.m., cuers: Mitchell & Chelsea Thompson and Justin Del Sol.  
November 11 at Rose Hill Grange at 7 p.m., cuers: Harold & Meredith Sears and Becky & David Evans.

The October and November 2020 Fun Dances will continue the same guidelines as previous Fun Dances, within limited attendance (please RSVP to Steve Pitts, 303-332-1862) [stevepitts@mindspring.com](mailto:stevepitts@mindspring.com), face coverings are required, and COVID rules and details will be in place.

**Monthly Fun Dances will continue during 2021!**

Thank you to Chelsea Thompson for taking on the responsibility to coordinate the 2021 Fun Dances and schedule. Watch for more information later this year. We could have a Fun Dance in January!

### **Fun Dances 2021: (Chelsea Thompson)**

- I have contacted both Steve and Karen regarding hall availability at both the Rose Hill Grange and the Maple Grove Grange. Rose Hill Grange has an open schedule and Maple Grove is booked most Sundays and the 2<sup>nd</sup> and 4<sup>th</sup> Saturdays.
- We are looking at holding a dance in Fort Collins next year at the Masonic Temple. This will be one of the Sunday afternoon dances, as we do not want to compete with any potential Saturday night Square Dances held in the area. We have confirmed the hall is open and just need to pin down a date.
- My next step is to put together a preliminary schedule and get the halls booked, at which point I will reach out to schedule cuers.
- The Board has elected to make some changes to the cuer engagement process. Once the schedule is finalized, I will send out an email to all CRDA cuers, with the full schedule, enquiring about which dates they are available.
- My plan is to put a one-week deadline on hearing back and request cuers keep the dates they give me available for two weeks. I will call cuers from whom I do not hear back and give them the opportunity to respond by phone by the end of the week.
- Once I have responses from all cuers, I will assign them dates based on their availability and send out a full schedule to all cuers, requesting they get back to me within the week with any last-minute changes to availability. If no changes are needed, I will send out contracts.
- The Board has also elected to change the contract requirements. We will now accept a physically signed contract, PDF signed contract or email acceptance.
- The Board has voted to cancel the 2021 Midwinter's Dream Dance and will instead host a Fun Dance in January. At this time, we are still planning on hosting the 2021 Spring Dance and the 2021 Gala, though this is still subject to change based on COVID as we get closer to the dances.

### **Hall of Fame: (Jim and Margie Garcia)**

Harold & Meredith Sears were inducted last year. No nominations for 2020 have been received.

### **Membership: (Sunny Woods and Erik Von Hortenau)**

All officers, Karen Herr and Patrick Krause should have access to the membership list. The Board requested another link be sent out as some members did not receive the link to view the list. Erik inquired as to where membership dues he receives should be sent to. Steve clarified that dues should be forwarded to CRDA **Treasurer:** Frankie Travis. Dues are now \$20/address. Sunny also asked how to handle renewals when one half of a couple dies. We should be sending the renewal for the half of the couple still living. Karen also noted that featured cuers for the 2021 Gala need to be listed as comp memberships, as well as Dan and Sandi Finch for Sandi's legal consultation services. Judy asked if we should send out a renewal reminder email as many of us renew our memberships at the Gala and that is not possible this year. Judy offered to send Sunny and Erik a template email where we would just need to update the cost.

### **CO State Square Dance Association:**

No report

### **DAS&RDC: (Jim & Judy Taylor via email, read by Steve Pitts)**

There's not much going on in the Square Dance world right now. But we continue to report on Round Dancing at the Council meetings, which are held regularly by Zoom at this time.

Looking forward, don't forget the Colorado State Festival, to be held in Grand Junction, "**Still Looking for Gatsby**", June 4<sup>th</sup> and 5<sup>th</sup>. There will be much Round Dancing, to be cued by many different Colorado cuers. Look on CSSDA's website ([www.Coloradosquaredance.com](http://www.Coloradosquaredance.com)) and click on "**Still Looking for Gatsby**" for more information.

There also will be Round Dancing at the National Square Dance Convention, in Jackson, Mississippi, June 23<sup>rd</sup> thru 26<sup>th</sup>, 2021. Check their website <https://70nsdc.com/> for their information.

Round Dancing is one of the few social activities' dancers can enjoy right now; couples can be socially distanced without hugging and touching everyone. We can even wear masks if we so choose! We don't come to a dance to eat refreshments and we get more exercise than many social other activities. Our social and emotional wellbeing is somewhat satisfied during this pandemic time. So, we hope to see you at these dances---they need you, and you need them!

**Publicity: (Fred and Judy Layberger)**

Flyers were a bust. Judy submitted a flyer for the 2021 Gala, and it is currently posted on the CRDA website and in Round Notes. Once she has received the 2021 Fun Dance schedule, she will put together flyers for the 2021 Fun Dances and get those posted on the CRDA Website and in Round Notes as well. She also requested a copy of the updated membership list.

**Web Page: (Harold Sears)**

The 2020 membership form has been removed and only the 2021 form is still on the website. Only new members need to fill out the form. Existing members just need to send a check for the dues.

**Historian: (Meredith Sears)**

No report.

**Old Business:**

No old business

**New Business:**

No new business

A big THANK YOU to our CRDA Members for being gracious as we hosted our Annual General Meeting over ZOOM. We realize it isn't as easy as meeting in person, and does come with a few technological hiccups, but we appreciate you still making an effort to attend. Another big THANK YOU to Karen Herr for hosting the meeting and putting together all the polls for items requiring voting.

**Motion to Adjourn:**

Motion was made, seconded and passed to adjourn the meeting.

Respectfully submitted by Chelsea Thompson

**Monthly RepoMonthly Report**





# COLORADO ROUND DANCE SUMMARY REPORT

Popular Dances and Teaches During November 2020

This Month's Contributing Cuers

Bahr, Del Sol, Evans, Knight, and Nolen



## Most Frequent Dances - November

1 Harlem Nocturne (6) (Sandeman) RB VI (E)	4 Black Tie Tango (4) (Moore) TG IV+2 (E)	4 Wonderful Wonderful (4) (Wolff) FT IV+1 (E)	10 Colors Bolero (3) (Hartzell/Ferris) BL V (E)	10 Open Doors (3) (Beaulieu) WZ IV+2 (E)
2 Pop Goes The Movies (5) (Raye) TS/FT/RU III+2 (E)	4 Come Monday (4) (Orme) RB III+2 (De)	10 And I Love You So (3) (Childers) RB V+2 (B, E)	10 Happy As The Sun (3) (Lewis/Olson) STS IV+2+1 (E)	10 Rhythm Of The Night (3) (Shotting) CH IV (De)
2 You Only Live Twice (5) (Kincaid) BL V+1 (E)	4 Lover's Concerto (4) (Doi) FT IV (E)	10 Better Place III (10) (Yoshikawa) RB III+1 (De)	10 Havana (3) (Goss) CH VI (B, E)	10 Sleigh Ride With You (3) (Del Sol) CH III (De)
4 Better Place (4) (Johnson) RB V+2 (B, E, No)	4 The Tide Is High (4) (Del Sol) RB/TS III (De)	10 Blues In '42 (3) (Garza) TG IV+0+1 (B, E)	10 One Call Away (3) (Drumheller) RB III+2 (De, KR)	10 Take My Breath Away (3) (Wilaby) RB V (E)
			10 Open Arms (3) (Vogt) WZ V+2 (E)	10 Who Was I Born To Be (3) (Nolen) WZ V+1 ( )

## Most Frequent Dances Last Twelve Reports

1 Sedalia (42) (Kenny) RB IV+2+1 (De, HJ, KR, No, SH)	5 Good Old Days (30) (Easterday) TS/QS/SS III+2 (E, SH)	9 Blues In '42 (25) (Garza) TG IV+0+1 (B, E, KR, SH)	12 Cuando Me Enamoro (24) (Gloodt) RB IV+2 (De, B, HJ, SH)	17 Traces Of Love (22) (Ball) STS III+2 (De)
2 Hallelujah Waltz (34) (Read) HCW VI (E, SH)	6 Better Place III (28) (Yoshikawa) RB III+1 (De)	9 Can't Take My Eyes Off You 5 (2) (Preskitt) CH V (E, SH)	12 One Call Away (24) (Drumheller) RB III+2 (De, HJ, KR, T)	5 Danced 20 times
3 Better Place (33) (Johnson) RB V+2 (E, No, SH)	7 Laughter In The Rain (27) (Watanabe) RB III (De)	9 Evergreen (25) (Dierickx) BL IV+1+1 (E, SH)	15 Hot Tango (23) (Wulf) TG IV+1 (E, SH)	
4 A Thousand Years (31) (Armstrong) RB IV+1 (De, E, HJ, No, SH)	8 Havana (26) (Goss) CH VI (B, E, SH)	12 A Time For Waltz (24) (Nelson) WZ III+2 (De, E, HJ, KR)	15 Little Café Rumba (23) (Saurer) RB III+1 (De, HJ)	

## Top Dances By Phase - November

Phase II	Phase III	Phase IV	Phase V	Phase VI
1 Let It Snow II (2)	1 Pop Goes The Movies (5)	1 Black Tie Tango (4)	1 You Only Live Twice (5)	1 Harlem Nocturne (6)
1 Love Lifted Me (2)	2 Come Monday (4)	1 Lover's Concerto (4)	2 Better Place (4)	2 Havana (3)
1 More Today Than Yesterday (2)	2 The Tide Is High (4)	1 Wonderful Wonderful (4)	3 And I Love You So (3)	3 Hallelujah Waltz (2)
	4 Better Place III (3)	4 Blues In '42 (3)	3 Colors Bolero (3)	3 Kiss Me Goodbye Rumba (2)
15 Danced Once	4 One Call Away (3)	4 Happy As The Sun (3)	3 Open Arms (3)	3 Secret Garden Rumba (2)
	4 Sleigh Ride With You (3)	4 Open Doors (3)	3 Take My Breath Away (3)	
		4 Rhythm Of The Night (3)	3 Who I Was Born To Be (3)	8 Danced Once
	10 Danced Twice		8 Hit Me With A Hot Note (2)	
		10 Danced Twice	8 Jesse (2)	

## Top Dances By Phase Last Twelve Reports

Phase II	Phase III	Phase IV	Phase V	Phase VI
1 Love Lifted Me (19)	1 Good Old Days (30)	1 Sedalia (42)	1 Better Place (33)	1 Hallelujah Waltz (34)
2 Af En Af (18)	2 Better Place III (28)	2 A Thousand Years (31)	2 Can't Take My Eyes Off You 5 (2)	2 Havana (26)
2 Famous Last Words (18)	3 Laughter In The Rain (27)	3 Blues In '42 (25)	3 Touched By You (20)	3 Winter Light (17)
2 So Good In Love II (18)	4 A Time For Waltz (24)	3 Evergreen (25)	4 Tampa Jive (18)	4 Secret Garden Rumba (13)
5 Do You Wanna Dance (13)	4 One Call Away (24)	5 Cuando Me Enamoro (24)	5 The Blue Moon (La Luna Blu) (16)	5 It's About Time (12)
6 Life Is A Slow Dance With You (12)	6 Little Café Rumba (23)	6 Hot Tango (23)	6 Free Spirit (15)	5 The Promise (12)
6 Their Hearts Are Dancing (12)	7 Traces Of Love (22)	7 Slow Boat Foxtrot (20)	6 Groovy Foxtrot (15)	7 Harlem Nocturne (11)
8 Husbands And Wives (11)	8 Syncopated Cha III (20)	7 The Fair Waltz (20)	6 Hit Me With A Hot Note (15)	7 Malaguena (11)
9 Livin' And Lovin' (10)	9 Candida Rumba (18)	7 Thoroughly Modern Millie (20)	6 The Girl From Ipanema (15)	9 La Gloria (10)
				9 You Deserve (10)





**Watch this space for 2021 Fun  
Dance schedule!**