

A Little Crush

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Music: Un P'tit Beguine (Slowfox
30) Slow to 28 MPM
Artist: Lynn Garner
Album: 30 Top Foxtrots
Avail for download from Casa Musica 2:20
Footwork: Opposite except where noted (Women's Footwork)
Rhythm/Phase: Foxtrot / 5
Sequence: Intro – A – B – A MOD (1-8) – C – B – A MOD (9-15) END
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INTRO

1-4 INTRO WAIT CP DLC ; DIAMOND TURN ½ ;; QUICK DIAMOND 4 ;
1 Wait 1 measure CP DLC ;
2-3 {Diamond turn ½} Fwd L trng ¼ LF, -, sd & bk R, bk L ; Bk R trng ¼ LF, -, sd & fwd L, fwd R end BJO DRW ;
4 QQQQ {Quick diamond 4} Fwd L comm LF trn, sd & bk R, bk L, bk R (W bk R trng LF, sd & fwd L, fwd R, fwd L) to CP fcg DLW ;

PART A

1-8 DIP & RECOVER ; THREE STEP ; ½ NATURAL ; IMPETUS TO SEMI ; FEATHER ; REVERSE WAVE ½ ; CHECK & WEAVE INTO A ;;
1 SS {Dip & rec} Dip bk on soft L, -, rec R CP fcg DLC, - ;
2 {3 step} Fwd L to CP DLW, -, fwd R w/R sd leading, fwd L ;
3 {½ Nat} Fwd R comm RF trn, -, sd & slightly bk L to CP RLOD, bk R (W bk L comm RF trn pull R heel to L [heel turn], -, chg wgt to R, fwd L) in CP fcg RLOD
4 {Imp to SEMI} Bk L comm RF trn, -, cl R to L for a heel turn, cont trn RF sd & fwd L (W fwd R, -, sd & fwd L trn RF brush R to L, trn RF sd & fwd R) to SCP/DLC ;
5 {Feather} Fwd R, -, fwd L with left sd lead, fwd R BJO fcg DLC ;
6 {Rev wave ½} Fwd L comm ⅜ LF trn, -, sd & slightly bk R fcg COH, bk L starting slight LF trn (W bk R comm ⅜ LF trn bring L foot to R [heel turn], -, chg wgt to L, fwd R starting slight LF trn) ;
7 SQQ {Ck & weave} Chk bk R with left sd lead, -, rec L slight LF trn, sd & bk R DC (W chk fwd L with right sd lead, -, rec R slight LF trn, sd & fwd L DC) ;
8 QQQQ XLIB, trng LF bk R, trng LF sd & fwd L, fwd R BJO DW (W XRIF, fwd L to CP, trng LF sd & bk R, bk L BJO DLW) ;
9-16 TWIST VINE 4 ; THREE STEP ; FEATHER ; HOVER ; SLOW SIDE LOCK ; REVERSE TURN ;; CHANGE OF DIRECTION ;
9 QQQQ {Twst vn 4} Fwd L in BJO comm RF trn, XRIB trng ¼ RF, sd L in SCAR comm LF trn, XRIF trng ¼ LF to BJO fcg DLW ;
10 {3 step} Fwd L to CP DLW, -, fwd R w/R sd leading, fwd L ;
11 {Feather} Fwd R, -, fwd L with left sd lead, fwd R BJO fcg DLW ;

- 12 {Hover} Fwd L, -, sd & fwd R with hover action, rec sd L to SCP DC ;
 13 {Sl sd lk} Thru R,-, trng LF sd L, lk RiB of L end CP/DLC ;
 14-15 {Rev trn} Fwd L comm LF trn, -, sd & bk R fc RLOD, bk L (W bk R comm LF trn pull L heel to R [heel turn], -, chg wgt to L, fwd R) in CP ; Bk R comm LF trn, -, sd & slightly fwd L, fwd R BJO fcg DLW ;
 16 SS {Chg dir} Fwd L DLW, -, fwd R DLW rt side leading trng LF starting to draw L to R, finish drawing L to R (W sd & bk R DLW, -, bk L DLW trng LF starting to draw R to L, finish drawing R to L;) DLC;

PART B

- 1-8 **TELEMARK SEMI ; IN & OUT RUNS ;; CHAIR & SLIP ; OPEN REVERSE TURN ; FEATHER FINISH DLW TO A ; DOUBLE TOP SPIN DLW ;;**
 1 {Telemark SEMI} Fwd L comm LF trn, -, sd R w/L sd lead cont LF trn, sd & slightly fwd L (W bk R comm LF trn pull L heel to R [heel turn], -, chg wgt to L, sd & slightly fwd R) to SCP fcg DLW ;
 2-3 {In & out runs} Thru R comm RF trn, -, sd & slightly bk L to CP RLOD, bk R (W thru L, -, fwd R btwn M's feet trng RF, fwd L) to BJO fcg RLOD ; Bk L comm RF trn, -, sd & fwd R btwn W's feet cont RF trn, fwd L (W fwd R comm RF trn, -, fwd & sd L cont RF trn, fwd R) to SCP LOD ;
 4 {Chair & slp} Thru R chng with flexed knees, -, rcvr L, bk R w/slight rise & LF upper body turn (W thru L chng with flexed knees, -, rcvr R, swivel LF on R foot & step fwd L into M) to CP fcg DLC ;
 5 {Open rev trn} Fwd L,-, trng LF sd & bk R, bk L BJO/RLOD ;
 6 {Feather finish to a} Bk R trng LF, -, sd and fwd L, fwd R to BJO DLW ;
 7-8 & QQQQ {Dbl top spn DLW} [Beg on the end of the last beat of prev meas w/ wgt on ball of R ft spn 1/8 LF] Bk L in CBMP, bk R trng 1/8 LF between stps 1 & 2, w/ L sd stretch sd & slightly fwd L, w/ L sd stretch fwd R in BJO ckg ; [beg on the end of the last beat of prev meas w/ wgt on ball of R ft spn 1/8 LF] bk L in CBMP, bk R trng 1/8 LF between stps 1 & 2, w/ L sd stretch sd & slightly fwd L, w/ L sd stretch fwd R in BJO DLW ;

PART A MOD 1-8

- 1-8 **FORWARD STAIR 4 ; THREE STEP ; ½ NATURAL ; IMPETUS TO SEMI ; FEATHER ; REVERSE WAVE ½ ; CHECK & WEAVE ;;**
 1 {Fwd stair 4} Fwd L to CP, cl R, Sd L, cl R end CP DLW ;
Repeat Part A measures 2-8

PART C

- 1-8 **HOVER TELEMARK ; NATURAL HOVER FALLAWAY ; BACK LILT 4 ; SLIP PIVOT TO BJO ; CURVED FEATHER CHECKING ; BACK FEATHER ; BACK THREE STEP ; HESITATION CHANGE ;**
 1 {Hvr tele} Fwd L, -, sd & fwd R comm trng RF, cont trng RF on R sd & fwd L leading Wtrn RF (W bk R, -, sd & bk L comm trng RF, cont trng RF sd & fwd R) end SCP/DLW ;
 2 {Nat hvr fallaway} Thru R, -, fwd L trng RF, fc RW rec bk R SCP/RW ;
 3 QQQQ {Bk lilt 4} Bk L lowering, bk R rising, bk L lowering, bk R rising (W bk R lowering, bk L rising, bk R lowering, bk L rising) end Reverse SEMI DRW ;
 {Slp pvt to BJO} Bk L, -, bk R slipping rt past lft, rec fwd L (W bk R pivoting/rotate LF, -, fwd L between the man's feet, rec bk R) BJO/LW ;

- {**Curved feather chk'g**} Fwd R comm rt fc trn ,-, fwd L cont rt fc trn, fwd R to BJO DRW chk'g ;
- 4 {**Bk feather**} Bk L, -, bk R with right sd lead, bk L BJO fcg DRW ;
- 5 {**Bk 3 step**} Bk R,-, bk L, bk R (W fwd L heel lead,-, fwd R heel lead rising to toe, fwd L) in CP/ DRW ;
- 6 {**Hesitation chng**} Bk L, -, trng RF sd & fwd R, drw L to R no weight CP DC (W fwd R, -, trn RF sd & bk L, drw R to L) ;

REPEAT PART B

- 1-8 **TELEMARK SEMI ; IN & OUT RUNS ;; CHAIR & SLIP ; OPEN REVERSE TURN ; FEATHER FINISH TO A ; DOUBLE TOP SPIN DLW ;;**

PART A MOD 9-15

- 9-15 **FORWARD STAIRS 4 ; THREE STEP ; FEATHER ; HOVER ; SLOW SIDE LOCK; REVERSE TURN ;;**

- 9 {**Fwd stair 4**} Fwd L to CP, cl R, Sd L, cl R end CP DLW ;
Repeat Part B measures 10-15

END

- 1-9 **HOVER ; PROMENADE WEAVE ;; CHANGE DIRECTION ; DIAMOND TURN ½ ;; QUICK DIAMOND 4 ; DIP & RECOVER ; CLOSE AND RIGHT LUNGE ;**

- 1 {**Hvr**} Fwd L, -, sd & fwd R with hover action, rec sd L to SCP DC ;

- 2-3 {**Prom weave**} Thru R DLC, -, fwd L DLC trng LF, sd & bk R (W thru L,-, sd & slightly bk R trng LF & blending to CP, sd & fwd L) to BJO/LOD ; Bk L LOD, bk R trng LF trn blending to CP, sd & fwd L, fwd R (W fwd R, fwd L commence LF trn, cont trn sd & bk R, bk L) to BJO/DLW;

- 4 SS {**Chg dir**} Fwd L,-, fwd R right side leading and LF trn, draw L to R CP/DC ;

- 5-6 {**Diamond trn ½**} Fwd L trng ¼ LF, -, sd & bk R, bk L ; bk R trng ¼ LF, -, sd & fwd L, fwd R end BJO DRW ;

- 7 QQQQ {**Quick diamond 4**} Fwd L comm LF trn, sd & bk R, bk L, bk R (W bk R trng LF, sd & fwd L, fwd R, fwd L) to CP fcg DLW ;

- 8 SS {**Dip bk & rec**} Dip bk on soft L, -, rec R CP fcg DLC, - ;

- 9 SQ {**Close & R lng**} Close L to R, -, Slightly lower on L leg & lunge sd & fwd R, (W's head to L) **Note: Right lunge happens on the final beat of music**

INTRO

1-4 **INTRO WAIT CP DLC ; DIAMOND TURN ½ ;; QUICK DIAMOND 4 ;**

PART A

1-8 **DIP & RECOVER ; THREE STEP ; ½ NATURAL ; IMPETUS TO SEMI ;
FEATHER ; REVERSE WAVE ½ ; CHECK & WEAVE INTO A ;;**

9-16 **TWIST VINE 4 ; THREE STEP ; FEATHER ; HOVER ; SLOW SIDE LOCK ;
REVERSE TURN ;; CHANGE OF DIRECTION ;**

PART B

1-8 **TELEMARK SEMI ; IN & OUT RUNS ;; CHAIR & SLIP ; OPEN
REVERSE TURN ; FEATHER FINISH DLW TO A ; DOUBLE TOP
SPIN DLW ;;**

PART A MOD 1-8

1-8 **FORWARD STAIR 4 ; THREE STEP ; ½ NATURAL ; IMPETUS TO SEMI ;
FEATHER ; REVERSE WAVE ½ ; CHECK & WEAVE ;;**

PART C

1-8 **HOVER TELEMARK ; NATURAL HOVER FALLAWAY ; BACK LILT 4 ; SLIP
PIVOT TO BJO ; CURVED FEATHER CHECKING ; BACK FEATHER ; BACK
THREE STEP ; HESITATION CHANGE ;**

REPEAT PART B

1-8 **TELEMARK SEMI ; IN & OUT RUNS ;; CHAIR & SLIP ; OPEN
REVERSE TURN ; FEATHER FINISH TO A ; DOUBLE TOP SPIN
DLW ;;**

PART A MOD 9-15

9-15 **FWD STAIRS 4 ; THREE STEP ; FEATHER ; HOVER ; SLOW SIDE LOCK ;
REVERSE TURN ;;**

END

1-9 **HOVER ; PROMENADE WEAVE ;; CHANGE DIRECTION ; DIAMOND
TURN ½ ;; QUICK DIAMOND 4 ; DIP & RECOVER ; CLOSE AND RIGHT
LUNGE ;**