

ESTRELITA

Music: Manuel and the Music of the Mountains
itunes/Latin Hits
Track # 15 Time 3:07
Available from choreographer

Rhythm: Rumba Phase: IV+1 (Parallel Breaks) +1U (HookTurn)

Footwork: Opposite except where (Noted)

Release Date: Jan 18

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Sequence: INTRO A AB B(1-12) END



INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; FULL TURN CHASE M & W ; ;

{Wait} BFLY POS WALL Id ft free wt 2 meas ; ; {Full Turn Chase M & W} Fwd L turn ½ RF, rec R cont turn ½ RF, cl L (W bk R, rec L, cl R), -; Bk R, rec L, cl R (W fwd L turn ½ RF, rec R cont turn ½ RF to fc ptr, cl L), -;

PART A

01-04 OP HIP TWIST INTO a FAN ; ; START STOP & GO INTO a CROSS BODY ; ;

{OP Hip Twist Into a Fan} Fwd L, rec R, cl L (W bk R, rec L, fwd R with tention to L arm to swivel ¼ RF) end L-Shape M fc Wall W fc LOD, -; Bk R, rec L, sd R (W fwd L, trng ½ LF sd R, bk L) to fan pos, -; {Start Stop & Go Into Cross Body} Chk fwd L, rec R raising L arm to lead W to a LF underarm turn, sd L fcg wall bringing lead arm down sharply and placing R hand on W's bk to an "L" position (W cl R, fwd L, fwd R, trng sharply ½ LF under jnd hands to fc LOD), -; Bk R comm LF trn to CP, rec L comp LF trn to CP COH, sd R (W fwd L comm LF trn, fwd & sd R to CP cont LF trn to fc ptr, sd L) to BFLY COH, -;

05-08 AIDA ; SWITCH ROCK ; REVERSE UNDERARM TURN ; HOOK TURN ;

{Aida} Xg Id hnds ovr trl hnds to RLOD thru L, sd R trng LF, bk L contg LF trn to "V" bk to bk pos, -; {Switch Rock} Sd & bk R trng RF to fc ptr, hip rk L, hip rk R, -; {Reverse Underarm Turn} Raisg jnd Id hnds XLif, rec R, sd L (W XRif undr jnd Id hnds trng LF ½ rec L contg LF trn to fc ptr, sd R) to BFLY COH, -; {Hook Turn} [relg both hnds] With R-Flare CW (W trng CCW) XRib trng ½ RF sd & fwd to WALL, -, XLib cont RF turn, fwd R cont RF turn to BFLY COH, -;

09-12 THRU FRONT VINE 4 to SCAR ; FWD CHECK/W DEVELOPE ; SLOW BACK to FACE & ROCK SIDE ; HIP ROCK ;

{Thru Front Vine 4 to SCAR} XLif, sd R, XLib, Sd R trng 1/8 RF to SCAR DLC ; {Fwd Ck/W Developpe} [S] Fwd L outsd W checking, -, - (W bk R, bring L ft up R leg to insd of R knee, extend L ft fwd), -; {Slow Step Bk & Rk Sd} [SS] Slow Bk R trng 1/8 LF to fc ptr, -, rk sd L, -; {Hip Rock} Leaving ft ip chg wgt w/ hip action apt ovr R ft, tog ovr L ft, apt ovr R ft to BFLY COH, -;

13-16 CHASE w/ UNDERARM PASS ; ; SHOULDER to SHOULDER TWICE [2^{de} TIME: r-hndshk] ; ;

{Chase / W Underarm Pass} [relsng trail hnds] Fwd L trng RF ½ keepg Id hnds jnd w/ palm upwards, rec R, small fwd L (W bk R, rec L, fwd R twd M's L sd), -; Bk R raisg Id hnds, rec L, sd R (W fwd L, fwd R trng ½ LF undr jnd Id hnds to fc ptr, sd L) to BFLY WALL, -; {Shoulder to Shoulder x 2} Fwd L to SCAR, rec R to fc, sd L, -; Fwd R to BJO, rec L to fc, sd R to to BFLY WALL {2^{de} Time: r-hndshk), -;

PART B

01-04 SHADOW NEW YORKER ; UNDERARM TURN ; SHADOW BACK BREAK to OP ; START PARALLEL BREAKS ;

{Shad New Yorker} Swvl on R cross L thru to LOP LOD M bhd W (W cross R thru), rec R to fc, sd L, -; {Under arm Turn} [r-hndshk] Raisg R-hnds palm to palm XRib, rec L, sd R (W XLif comm RF trn under R-hnds, cont RF trn rec R fc WALL, sd L) to r-hndshk COH, -; {Shad Bk Break to RLOD} [w/ r-hndshk] XLib (W XRib) trng both to RLOD w/ W's L-arm xtnd bhd M's bk, fwd R, L to RLOD, -; {Start Parallel Breaks} w/ r-hndshk Rk bk R leading W across in front, rec L, fwd R to fc Line (W fwd L trng ¼ Lf ifo M, fwd R trng ½ Lf to fc Wall, sd L) [similar to W whip action], -;

05-08 FINISH PARALLEL BREAKS ; NEW YORKER ; THRU SERPIENTE ; ;

{Finish Parallel Breaks} Fwd L trng ¼ Lf ifo W, fwd R trng ½ Lf, sd L (*W rk bk R allowing M to pass across in front, rec L, fwd R*) to BFLY WALL, -; **{New Yorker}** XRif (*W XLif*) to OP LOD, rec L to BFLY WALL, sd R, -; **{Thru Serpiente}** Thru R, sd L, XRib (*W XLib*), flare CCW w/ L-ft ; XLib (*W XRib*), sd R, XLif (*W XRif*), flare CCW w/ R-ft ;

09-12 ALEMANA INTO a LARIAT 3/M TURN to FACE ; ; ; FENCE LINE with ARM SWEEP ;

{Alemana Into a Lariat 3/ M Turn to Fc} Fwd L, rec R, cl L (*W bk R, rec L, fwd & sd R to l-sd of M*), -; Bk R, rec L, sd R (*W fwd XLif turn RF, fwd R cont turn, sd L to r-sd M*), -; Rk sd L, rec R, sd L trng ½ LF on last stp to fcg W and WALL (*W circ CW arnd M passing R shldr stepping fwd R,L, w/ jnd ld hnds passing ovr M's hd to fc LOD then swvl ¼ RF on R to fc M*) to BFLY COH, -; **{Fence Line w/ Arm Sweep}** XRif (*W XLif*) w/ bent knee right arm circle CCW in front of body, rec R, sd L to BFLY COH, -;

13-16 BASIC HALF to LOW BFLY ; DBL HANDHOLD UNDERARM TURN to STACKED HANDS ; OP BREAK to FACE ; CHANGE SIDES/W UNDERARM & r-hndshk ;

{Basic ½ to Low BFLY} Fwd L, rec R, cl L (*W bk R, rec L, sd R*) to LOW BFLY, -; **{Dbl Handhold Underarm Turn to Stacked Hnds}** [Raisg ld-arm high & bringing tl-arm up to R-shoulder level] XRib & taking L-arm first over W's head], rec L taking R-arm over W's head, sd R (*W XLif trng RF under ld-arm, rec R contg to trn under tl-arm to fc M, sd L*) to stacked hnds Lft over r-hnds, -; **{Open Break to Fc}** With stacked hnds Apt L, rec R, fwd L to fcg W's r-sd COH, -; **{Change Sides /W Underarm}** Fwd R to COH twd W's R-sd trng RF lead W trn under stacked hnds, small fwd L cont RF turn to fc, sd R (*W fwd L to WALL twd M's R-sd trng LF under stacked hnds chg sds, cl R cont LF turn to fc, sd R*) to r-hndshk WALL, -;

ENDING

01-04 AIDA ; SWITCH ROCK ; REVERSE UNDERARM TURN ; WHIP to WALL ;

{Aida} Repeat meas 5 Part A ; **{Switch Rock}** Repeat meas 6 Part A ; **{Reverse Underarm Turn}** Repeat meas 7 Part A ; **{Whip to Wall}** Bk R trng ¼ LF, rec L trng ¼ LF, sd R (*W fwd L long step in frt of M, trng LF fwd & sd R, sd L to fc M*) to BFLY WALL, -;

05-06 ROLL 3 to SCP ; CHECK THRU & HOLD ;

{Roll 3 to SCP} [To LOD] Start LF trn (*W RF*) sd & fwd L, small sd R cont LF trn, sd & fwd L cont LF trn to SCP LOD, -; **{Chk Thru & Hold}** [S] XRif (*W XLif*) in lunge action bending knee, hold, -;