

HUSHABYE MOUNTAIN 5

RELEASED: November, 2017

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MUSIC: Hushabye Mountain, (from 'Chitty Chitty Bang Bang') (Short Version),
artist: Peter Douglas; download from CasaMusica
RHYTHM: waltz **TIME @ MPM:** 1.59 @ 29 (downloaded speed)
PHASE (+): V + 2 (continuous hover cross, throwaway oversway)
FOOTWORK: Opposite unless indicated (W's footwork in parentheses)
SEQUENCE: **INTRO, A, INTERLUDE, B, C, END**

MEAS.

INTRODUCTION

1-4 **BJO/DLW LEAD FT FREE & POINTED FWD (W - PTD BACK) WAIT; SLOW
OUTSIDE SWIVEL; THRU, RIPPLE CHASSE; OPEN NATURAL:**
1 BJO/DLW - ld ft free & pointed fwd (W pointed back) - wait;
2 bk L, leave RF extended no weight trng body RF causing W to swivel, - (W fwd R
outside ptr, swivel RF on ball of R ft,-) end SCP/DLW;
3 thru R, with R sway sd L/cl R, loose sway sd L to SCP/DLW;
4 thru R, trng RF sd L, cont RF upper body trn back right with R sd leading to BJO;

PART A

1-5 **OUTSIDE SPIN; TO A RIGHT TRNG LOCK DOUBLE - 1st to CP; 2nd to
SCP/LC; WEAVE TO BJO;;**
1 strong RF trn small bk & sd L toe in, fwd R [heel to toe] trn RF, sd & bk L to
CP/RLOD (W fwd R outside ptr trn RF, cl L to R toe spin, fwd R between M's
feet);
[1&23] 2 continue RF trn bk R w/ R-shoulder lead trng RF/XLIF cont trng RF to fc almost
COH, cont trng RF sd & slight fwd R between W's ft comm pivoting RF, cont
pivoting RF bk L fwd LOD (W fwd L w/ L-shoulder lead trng RF/XRIB cont trng
RF, cont trng RF sd & bk L comm pivoting RF, cont pivoting RF fwd R) end
CP/RLOD;
[1&23] 3 bk R w/ R-shoulder lead trng RF/XLIF cont trng RF to fc almost COH, cont trng
RF sd & slightly fwd R between W's ft rising momentary CP, cont trng RF to SCP
sd & fwd L (W fwd L w/ L-shoulder lead comm trng RF/XRIB cont trng RF, cont
trng RF sd & fwd L around M, cont trng RF to SCP sd & fwd R) end SCP/DLC;
4,5 thru R DLC, fwd L trng LF to CP, cont LF trn sd & bk R to BJO/DRC;
bk L (W fwd R outside ptr), bk R blending to CP trng LF, cont LF trn sd & fwd L to
BJO/DLW;
6-8 **CONTINUOUS HOVER CROSS;;;**
6-8 thru R, fwd & sd L trng RF, cont RF trn with small step sd & fwd R to CP (W thru
L, fwd R trng RF, sd L);
fwd L across R to SCAR, cl R, bk L to BJO (W bk R, sd L, fwd R);
bk R to CP, sd & fwd L, fwd R to BJO/DLC (W fwd L, sd & bk R, bk L);

- 9-12 **DOUBLE REV DLW; WHISK; SYNC WHISK; PROMENADE LOCK;**
[123&] 9 fwd L, trng LF sd R, bring L to R (no weight) & spin LF on R (W bk R comm LF trn, trn LF on R heel transfer weight to L, sd & fwd R {becomes back after the continuation of the trn} cont LF trn/XLIF) end CP/DLW;
10 fwd L, fwd & sd R, XLIB to end in SCP;
[1&23] 11 thru R in SCP/ cl L to R in CP, sd R to SCP, XLIB to end in SCP;
12 thru R, forward L / XRIB with W's head still to the right, sd & forward L to blending to CP/DLW with W's head still to the right;
- 13-16 **RIGHT LUNGE & HOLD; ROLL, REC & SLIP; 1 LEFT TRN; TOP SPIN;**
13 lower & step sd & fwd R DLW, start to shape to right lunge, continue to shape;
14 changing shape body trn right opening lady's head, rec bk L rise to promenade sway high line both look LOD, trn LF bk R slip pivot CP/DLC;
15 fwd L, trng LF sd R, cl L to fc RLOD;
[1&23] 16 cont LF trn bk R/sd & bk L toe pointing almost LOD cont LF trn, fwd R LOD outside ptr comm LF spin keeping knees tog & L ft bk, bk L DLW slightly behind R to complete 3/8 LF spin (fwd L comm LF trn/sd & fwd R, bk L LOD comm LF spin keeping R ft fwd, fwd R DLW slightly in front of L to complete 3/8 LF spin) to end BJO/DRC;

INTERLUDE

- 1 **BACK TO DOUBLE RISING LOCKS;**
[12&3&] 1 bk R comm LF trn, cont LF trn bk & sd L/XRIB, cont LF trn fwd & sd L/XRIB to CP/DLW;

PART B

- 1-4 **CHANGE OF DIRECTION; 1 LEFT TRN; HOVER CORTE; M CHASSE - W ROLL RIGHT 3 TO SHADOW/ WALL;**
1 fwd L, sd & fwd R trng LF, draw L to R;
2 fwd L, trng LF sd R, cl L to fc RLOD;
3 bk R comm trng LF, cont trng LF sd L hovering, cont trng LF rec R end BJO/LOD;
4 bk L ptr outside releasing contact, trng RF to fc WALL sd R/cl L, sd R (W fwd R outside ptr comm trng RF, cont trng RF sd L, cont trng RF sd R) end both facing wall both with LF free and left hands joined [M may place his R hand on the W's back];
- 5-8 **SHADOW CROSS HOVER; SYNC SHADOW VINE; 2 SHADOW UNDERARM RIGHT TRNS;;**
5 (same footwork) XLIF, sd R trng LF on R brush L to R, rec L end fcg DLW;
[1&23] 6 XRIF/sd L, XRIB, rising on R for slight hovering action sd L;
7 fwd R, sd & fwd L comm RF trn loop L arms over W's head, cont slight RF trn bk R lower L hands in front of W;
8 bk L joining R hands behind M's back & releasing L hands, trng RF sd & bk R taking R arms over W's head, cont slight RF trn fwd L joining L hands in shadow to end about facing LOD;
- 9-12 **FWD WALTZ; PU - M IN 2; OPEN REV TRN; QUICK LOCK, SLOW LOCK;**
9 fwd R, side L, close R;
10 fwd L, fwd & sd R, tch L to R (W fwd L, trng LF sd R, cl L) to end CP/DLC;
11 (opposite footwork) blending to CP fwd L comm trn, cont trng LF sd R twd LOD, cont trng LF bk L ptr outside end BJO/DRC;

- [1&23] 12 bk R/LIFR, bk R, LIFR still in BJO/DRC;
- 13-16 **BACK, CHASSE BJO; NATURAL WEAVE TO SCP;; THRU, SCP CHASSE;**
 13 bk R, sd L trng LF/cl R, sd L to BJO/DLW;
 14,15 fwd R BJO trng RF, sd & fwd L trng RF, bk R to DLC with R side lead (W bk L trn RF, trn RF on L heel transfer weight to R, fwd L);
 bk L in BJO, bk R body trn LF to CP, slight trn LF sd & fwd L to SCP/DLW;
 16 thru R, sd L/cl R, sd L to SCP/DLW;

PART C

- 1-4 **OPEN NATURAL; BACK, BK/LK, BACK; OPEN IMPETUS;
QUICK OPEN REV;**
 1 thru R, trng RF sd L, cont RF upper body trn back right with R sd leading to BJO;
 2 keeping a R sd lead bk L, bk R/LIFR, bk R;
 3 bk L, trn RF on L heel transfer weight to R, trn RF sd & fwd L (W fwd R pivoting RF, sd & fwd L arnd M cont RF trn brushing R to L, fwd & sd R) to SCP/DLC;
 4 thru R, fwd L trng LF to CP/cont LF trn sd & bk R, bk L to BJO/DRC;
- 5-8 **OUTSIDE CHECK; OUTSIDE CHANGE TO SCP; THRU, SCP CHASSE;
CHAIR & SLIP;**
 5 bk R trng slightly LF, cont slight LF trn sd & fwd L, fwd R outside ptr to BJO/DRW;
 6 bk L DLC, bk R trng LF, sd & fwd L to SCP/DLW;
 7 thru R, sd L/cl R, sd L to SCP/DLW;
 8 lowering into L knee check thru R with fwd poise, rec L, trng LF [trng W square] slip RF bk past LF to CP/DLC;
- 9-12 **DIAMOND TRN;;;;**
 9-12 fwd L, trng LF sd R, bk L to BJO; staying in BJO bk R, trng LF sd L, fwd R; staying in BJO repeat meas 9, 10 to end BJO/DLC;;

END

- 1-6 **DOUBLE REV DLW; HOVER TELEMARK; CURVED FEATHER CHECKING;
BACK PASSING CHANGE; BACK TO A SLOW THROWAWAY OVERSWAY &
EXTEND;; (has a short fade out at the end)**
- [123&] 1 fwd L, trng LF sd R, bring L to R (no weight) & spin LF on R (W bk R comm LF trn, trn LF on R heel transfer weight to L, sd & fwd R {becomes back after the continuation of the trn} cont LF trn/XLIF) to end CP/DLW;
 2 fwd L, sd & fwd R trn RF, sd & fwd L in SCP/DLW;
 3 thru R comm RF trn, fwd & sd L to CP trng RF, strong trn RF small step fwd R to BJO/DRW checking;
 4 bk L, bk R, bk L;
 5,6+ bk R, sd L trng to fc wall to momentary prom sway pos, relax L knee allowing R leg to extend [both knees pt DLW] (W fwd L, side R to momentary prom sway pos, swivel LF on R draw L past R extend L leg bk well under body no weight); use this measure to fully extend until music fades out,-,-;

HUSHABYE MOUNTAIN 5 ph. V+2 (cont hover X, throwaway oversway)

INTRO:

BJO/LW - ld ft free & pointed fwd (W back) - wait;
slow outside swivel; thru, ripple chasse; open natural;

PART A:

outside spin; to a right turning lock double (1st to CP); 2nd to SCP/LC; weave to BJO;;
continuous hover cross;;;
double rev LW; whisk; sync whisk; promenade lock;
right lunge & hold; roll, rec & slip; 1 LT; top spin;

INTER:

back to double rising locks;

PART B:

change of dir; 1 LT; hover corte; M chasse - W roll R 3 to shadow;
shadow X hover; sync shadow vine; 2 shadow underarm RTs;;
fwd waltz; PU - M in 2; open rev turn; quick lock, slow lock;
back, chasse Bjo; natural weave to Scp;; thru, Scp chasse;

PART C:

open natural; back, bk/lk, back; open impetus; quick open rev;
outside check; outside change to Scp; thru, Scp chasse; chair & slip;
diamond turn;;;;

END: (slowing down)

double rev (LW); hover telemark; curved feather checking; back passing change;
back to a slow throwaway oversway;; (has a short fade out at the end)