

MOMMY'S SHOES

Choreographer: Dom & Joan Filardo, 44144 Pimento Lane, California, MD 20619

Email: domfilardofilardo@gmail.com

Music: Mommy's Shoes - Ervin Litkei – Dance To The Big Band Sounds - Bernard Ebbinghouse Orch.

MP3 download avail: at Amazon.com

Time/Speed Time@RPM: 2:46 @45 Footwork: Opposite unless noted – Woman: (W)

Timing, SQQ unless otherwise indicated - reflects actual weight changes.

RAL Rhythm/Phase: Foxtrot V+1+1 [Continuous Hov X +1 check'd] Degree of Difficulty: AVG

Sequence: INTRO, A, A, B, A MOD, C, B, END

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MEAS:

INTRODUCTION

1-4 SCAR DRC WAIT 2 MEAS ; ; HOVER X END'G [CHK'G] ; WEAVE END'G ;

[1-2] Wait 2 meas. in SCAR DRC w/ lead feet free ; ;

[3] {Hov X End'g QQQQ} Fwd L outside ptrn , rec R , sd L, fwd R chk'to CBJO DRW ;

[4] {Weave End'g QQQQ} - Bk L , Bk R trng lt fc , sd & fwd L cont lf trn , fwd R outside ptrn to CBJO DLW ;

PART A

1-4 HOVER TELEMARK ; NAT'L WEAVE ; ; HOVER SCP ;

[1] {Hov Tele} Fwd L ,-, fwd R rising slightly w/ L sd lead while trng slightly rt fc , fwd L to SCP DLW ;

[2-3] {Nat'l Weave} Fwd R comm rt fc trn (fwd L) ,-, sd L (fwd R) cont rt fc trn , bk R (fwd L) to CBJO DRW ;

QQQQ - Bk L , bk R comm. lt fc trn , sd & fwd L cont lf trn , fwd R to CBJO DLW ;

[4] {Hov SCP} Fwd L,-, fwd & sd R, rec L SCP DLC ;

5-8 PROM WEAVE ; ; 3 STEP CHK'G ; FEATHER FIN ;

[5-6] {Prom Weave} Fwd R trng slightly lt fc ,-, fwd L to CP , fwd & sd R to CBJO RLOD ;

QQQQ - Bk L , Bk R trng lt fc , sd & fwd L cont lf trn , fwd R outside ptrn to CBJO DLW ;

[7] {Three Step} Fwd L ,-, fwd R, fwd L to CP DLW [chk'g] ;

[8] {Feath Fin} Bk R trng lt fc ,-, sd & fwd L , fwd R outside ptrn to CBJO DLC ;

9-10 OPEN REVERSE TURN ; FEATHER FIN ;

[9] {Opn Rev Trn} Fwd L ,-, trng 1/4 lt fc sd R , bk L to CBJO RLOD ;

[10] {Feath Fin} Bk R trng lt fc ,-, sd & fwd L , fwd R outside ptrn to CBJO DLW ;

REPEAT A

PART B

1-4 REV WAVE ½ CHECK & WEAVE ; ; HOVER TELEMARK ;

[1] {Rev Wave 1/2 } Fwd L start lt fc bdy trn ,-, sd R cont lt fc trn (cl L to R heel turn), bk L to CP DRC ;

[2-3] {Chk & Weave} Chk bk R ,-, rec fwd L , sd R leading ptrn to CBJO RLOD ,

QQQQ - BK L , bk R comm. lt fc trn , sd & fwd L cont lf trn , fwd R to CBJO DLW ;

[4] {Hov Tele} Fwd L ,-, fwd R rising slightly w/ L sd lead while trng slightly rt fc , fwd L to SCP DLW ;

5-8 NAT'L HOVER CROSS CHK'D [to] CONTIN'S HOV X ; ; ; [to] TOP SPIN ;

[5] {Nat'l Hov Cross} Thru R (fwd L) comm rt fc trn ,-, sd L (fwd R) cont rt fc trn , fwd R (fwd L) SCAR LOD ;

[6] {Check'd to Cont's Hov Cross} QQQQ - Fwd L , rec R , fwd L , cl R to L (sd L) leading ptrn to CBMP ;

[7] QQQQ - Bk L , bk R , sd L outside ptrn, fwd R overturned end'g to BJO DRC ;

[8] {Top Spin QQQQ} Bk L , bk R comm. lt fc trn , sd & fwd L , fwd R to CBJO DLW ;

PART A MOD

1-4 HOVER TELEMARK ; NAT'L WEAVE ; ; HOVER SCP ;

- [1] {Hov Tele} Fwd L ,-, fwd R rising slightly w/ L sd lead while trng slightly rt fc , fwd L to SCP DLW ;
[2-3] {Nat'l Weave} Fwd R comm rt fc trn (fwd L) ,-, sd L (fwd R) cont rt fc trn , bk R (fwd L) to CBJO DRW ;
QQQQ - Bk L , bk R comm. lt fc trn , sd & fwd L cont lf trn , fwd R to CBJO DLW ;
[4] {Hov SCP} Fwd L,-, fwd & sd R, rec L SCP DLC ;

5-8 PROM WEAVE ; ; 3 STEP CHK'G ; FEATHER FIN ;

- [5-6] {Prom Weave} Fwd R trng slightly lt fc ,-, fwd L to CP , fwd & sd R to CBJO RLOD ;
QQQQ - Bk L , Bk R trng lt fc , sd & fwd L cont lf trn , fwd R outside ptrn to CBJO DLW ;
[7] {Three Step} Fwd L ,-, fwd R, fwd L to CP DLW [chk'g] ;
[8] {Feath Fin} Bk R trng lt fc ,-, sd & fwd L , fwd R outside ptrn to CBJO DLC ;

9-12 OPEN REVERSE TURN ; OUTSIDE CHECK ; IMPETUS SCP ; FEATHER ;

- [9] {Opn Rev Trn} Fwd L ,-, trng 1/4 lt fc sd R , bk L to CBJO DRC ;
[10] {O.S. Chk} Bk R ,-, sd L , fwd R to CBJO DRW ;
[11] {Imp to SCP} Bk L trng rt fc (fwd R heel to toe pvt rt fc),-, bring R heel to L heel trn cont rt fc trn
[12] {Feather} Thru R (thru L) ,-, fwd L (fwd R trng lt fc) , fwd R to CBJO DLC ;

PART C

1-4 DIAMOND TURN ; ; ; ;

- [1] {Diamond Trn} Fwd L ,-, trng 1/4 lt fc sd R , bk L to CBJO ;
[2] Bk R ,-, trng 1/4 lt fc sd L , fwd R staying in CBJO ;
[3-4] Repeat measure 1 & 2 of part A. end in CBJO DLC ;

5-8 TELEMARK [SCP] ; CURV'D FEATHER CHK'G ; BK FEATHER ; FEATHER FIN ;

- [5] {Tele} Fwd L start lt fc bdy trn ,-, sd R cont lt fc trn (cl L to R heel trn) fwd L (fwd R) to SCP DLW ;
[6] {Curv'd Feath Chk'g} Fwd R comm rt fc trn (fwd L) ,-, fwd L(sd R) cont rt fc trn, fwd R to CBMP DRW ;
[7] {Bk Feather} Bk L,-, bk R, bk L to CBJO RLOD ;
[8] {Feath Fin} Bk R trng lt fc ,-, sd & fwd L , fwd R outside ptrn to CBJO DLW ;

9-10 HOVER SCP ; FEATHER ;

- [9] {Hov SCP} Fwd L,-, fwd & sd R, rec L SCP DLC ;
[10] {Feather} Thru R (thru L) ,-, fwd L (fwd R trng lt fc) , fwd R to CBJO DLC ;

REPEAT B

ENDING

1-4 HOVER TELEMARK [SSS] & HOLD ; ; CURV'D FEATHER CHK'G ; BK LILT 4 ;

- [1-2] {Hov Tele SSS & hold} Fwd L ,-, fwd R rising slightly while trng slightly rt fc ,-, fwd L to SCP DLW & hold ,-,
[3] {Curv'd Feath Chk'g} Fwd R comm rt fc trn (fwd L) ,-, fwd L(sd R) cont rt fc trn, fwd R to CBMP DRW ;
[4] {Bk Lilt 4 QQQQ} - Bk L , cl R to L , Bk L , cl R to L ,w/ lilting up & down action to CBJO DRW ;

5-8 IMPETUS SCP ; PROM WEAVE ; ; 3 STEP CHK'G ;

[5] {Imp to SCP} Bk L trng rt fc (fwd R heel to toe pvt rt fc),-, bring R heel to L heel trn cont rt fc trn
[6-7] {Prom Weave} Fwd R trng slightly lt fc ,-, fwd L to CP , fwd & sd R to CBJO RLOD ;
QQQQ - Bk L , Bk R trng lt fc , sd & fwd L cont lf trn , fwd R outside ptrn to CBJO DLW ;
[8] {Three Step} Fwd L ,-, fwd R, fwd L to CP DLW [chk'g] ;

9-12 FEATHER FIN ; OPEN REVERSE TURN ; RUNNING BK LOCKS ; ;

[9] {Feath Fin} Bk R trng lt fc ,-, sd & fwd L , fwd R outside ptrn to CBJO DLC ;
[10] {Opn Rev Trn} Fwd L ,-, trng 1/4 lt fc sd R , bk L to CBJO DRC ;
[11-12] {Run'g Bk Locks QQQQ QQS} bk R , XLIF , bk R , bk ; bk R , XLIF , bk R ,-, [stay up on balls
of feet throughout coming down on last step]

13- BK TO PROM SWAY & CHANGE ;

[13] {Bk to Prom Sway & Change} bk L while rotating upper body lf & look to right (W left) ;

