

VOLVERAS

Bill & Carol Goss
858-822-9981
With Yelena Babyuk
\$1.29 download Amazon
CD: Mi Tierra, Track 8
Phase: VI Bolero
Sequence: INTRO, A, B, INTER, A, B MOD, ENDING Speed: 42.5 RPM

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Dance Starz Arizona
Volveras: Gloria Estefan
Footwork: Opposite Unless Indicated
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INTRO

1-4 WAIT; LUNGE BRK; LEFT PASS PICKING UP; RT LUNGE WITH RKS;

- 1-2 {Wait} Fc ptr & wall trail ft free lead hnds joined;
S-- {Lunge Brk} Sd & fwd R,, lower in R knee as present L sd
(WSQQ) to W, bring W bk bringing L sd bk (W sd & bk L,, rk bk R,
recov L);
SQQ 3-4 {Left Pass Picking Up} Small fwd L twd ptr to trn her RF
SQQ to momentary shadow,, slip bk R trning LF picking up the
lady, fwd L to CP DC (W fwd R swvl ¼ RF,, trn LF to slip
sd & fwd L to CP, bk R); {Rt Lunge with Rks} Lunge sd
& fwd R DC,, rk sd L, recov R bk to rt lunge;

5-9 TRNING BASIC;; OK HIGH LINE RECOV CONTRA CHK RECOV; BK SHOULDER TO SHOULDER BFLY; SYNCO HIP RKS HNDS LOW;

SQQ 5-6 {Trning Basic} Sd & bk L as trn body slgtly RF,, XRIB of
SQQ L as trn strongly LF, fwd L cont LF trn to CP wall; Sd R,,
contra chk fwd L, recov R fc wall;
QQQQ 7-9 {Qk High Line Recov Contra Chk Recov} Trning RF sd
SQQ L to fc DRW, recov R to CP wall, contra chk fwd L, recov
SQQ&Q R; {Bk Shoulder to Shoulder BFLY} Sd L trning RF to
BFLY SCAR,, bk R, recov L to fc joined hnds low; {Synco
Hip Rks Hnds Low} Rk sd R,, recov L/ rk sd R, recov L;

PART A

1-4 NEW YORKER TWICE;; PREPARE NEW YORKER WITH SWVL TO FC; RISE & TRN FINISH AIDA PREPARATION;

SQQ 1-2 {New Yorker Twice} Sd R twd RLOD,, chk thru L in LOP,
SQQ recov R; fc ptr sd L twd LOD,, ck thru R in OP, recov L;
SQ- 3-4 {Prepare New Yorker with Swvl to Fc} Fc ptr sd R twd
--QQ RLOD,, ck thru L in LOP, swvl LF on L to fc ptr still low; {Rise
& Trn Finish Aida Preparation} Rise in the L leg trn LF to
LOD,, step thru R, fwd L start RF trn;

5-8 AIDA LINE WITH HIP RKS; FC TO LADY'S OK SWVLS; SLOW

**SWVL LADY QK SPIRAL 2 TO LOP RLOD; FWD SWVL TO FENCE
LINE WITH ARM;**

- SQQ 5-6 {**Aida Line with Hip Rks**} Fin RF trn step sd & bk R in aida “V”
SQQ pos slight bk to bk fc RLOD,, rk fwd L, recov R; {**Fc to Lady’s
Qk Swvls**} Fwd L swvl to fc ptr in BFLY,, rk sd R, recov L (W
qk cross swvls fwd L swvl LF, fwd R swvl RF);
- SQQ 7-8 {**Slow Swvl Lady Qk Spiral 2 to LOP RLOD**} Rk sd R,, recov
SQQ L lifting joined lead hnds to spiral W, trning RF fwd R to LOP fc
RLOD (W fwd L swvl LF,, fwd R spiral LF, cont LF trn to over
trn the spiral and step fwd L twd RLOD); {**Fwd Swvl to Fence
Line with Arm**} Fwd L swvl LF to fc ptr lead hnds joined and
trail hnds moving up and over CCW,, lunge thru R LOD cont arm
sweep, recov L lead hnds still joined;

**9-12 LUNGE SD FC RLOD TO LOD QK ROLL CHK SD; SHAKE HND
SHADOW NEW YORKER; AIDA PREP; LAYBACK HEADS TO WALL;**

- SQ&Q 9-10 {**Lunge Sd RLOD to LOD Qk Roll Chk Sd**} Lunge sd R trning
SQQ upper body RF to “V” position,, qk roll 2 to LOD trning LF fwd
L/ cont LF trn cl R to L, chk with lunge sd L; {**Shake Hnd
Shadow New Yorker**} Join R hnds sd R twd RLOD,, chk thru L,
recov R with R hnds still joined;
- SQQ 11-12 {**Aida Prep**} Sd L twd LOD,, thru R twd LOD, sd & fwd L start
S-- RF trn; {**Layback Heads to Wall**} cont RF trn bk R M’s L arm
behind W R hnds joined in front as arch back lifting chest up fc
RLOD heads bk and look toward wall;

**13-16 BOLERO WALK M’S HEAD LOOP ½ LOP; FC & BRK BK TO ½ OP;
UNDERARM TRN; BASIC ENDING WITH CONTRA CHK;**

- SQQ 13-14 {**Bolero Walk M’s Head Loop ½ LOP**} Fwd L bring joined R
SQQ arms over M’s head W sweeps L arm across & up,, fwd R to ½
LOP, fwd L; {**Fc & Brk Bk ½ OP**} Sd R to fc ptr blend to ½ OP,,
brk bk L, recov R;
- SQQ 15-16 {**Underarm Trn**} Under joined lead hnds trn W RF sd L,, XRIB
SQQ of L, recov L to fc (W sd R trning RF to fc LOD,, fwd L trning
RF under joined lead hnds fc RLOD, fwd R to fc ptr); {**Basic
Ending with Contra Chk**} Sd R to CP wall,, contra chk fwd L,
recov R;

PART B

**1-4 SYNCO TRNING BASIC OVERTRN WITH SEPARATION; SYNCO
TRNING BASIC OVERTRN; HINGE & LADY RECOV; DBL RONDE
SYNCO INSIDE UNDERARM TRN FC WALL;**

- SQ&Q 1-2 {**Synco Overtrn Trning Basic with Separation**} Trning RF sd &
SQQ bk L,, XRIB of L trning strongly LF/ cont LF pivot fwd L, cont
LF pivot sd & bk R prepare to fc wall in “L” pos (W cl L to R fc
LOD); {**Synco Overtrn Trning Basic**} Sd L fc wall but leave W
in her pl by presenting arms twd her (W settle in R hip L knee

- fwd upper body trn DW),,, trning LF slip RIB of L ft under body (W fwd L picking up)/ cont LF pivot fwd L, cont LF pivot sd & bk R arnd W (W cl L to R) end in SCP LOD;
- S-- 3-4 {**Hinge & Lady Recov**} Fwd & sd L trning LF LOD,, lead W to hinge by lowering twd W, trn RF to lead the W to recov (W fwd & sd R trning LF,, XLIB of R into hinge qk flick RIF of L, recov R trning RF ending in CP) fc RLOD; {**Dbl Ronde Synco Inside Underarm Trn Fc Wall**} Strong fwd R btwn W's legs pivot RF as ronde L leg CW,, sd L cont RF trn/ XRIB of L cont RF trn, sd & fwd L cont trn to fc wall (W fwd L arnd M as ronde R leg CW,, trn LF under joined lead hnds XRIB L/ fwd L cont LF trn, sd & bk R to fc ptr & COH);
- (WSQQ)
SQ&Q
- 5-8 FWD BRK; CHK RT PASS; FWD BRK ENDING; TRNING BASIC;**
- SQQ 5-6 {**Fwd Brk**} Sd & fwd R,, with lead hnds joined fwd L, recov bk R fc wall; {**Chk Rt Pass**} Fwd & sd L stretch L sd trn RF,, XRIB of L cont RF trn as lead lady under joined lead hnds, sd & fwd L to fc COH cross behind W to get to her L side lead hnds joined IF of W (W fwd R,, fwd L with slight XIF of R, bk R fc COH lead hnds joined low);
- SQQ 7-8 {**Fwd Brk Ending**} Fwd R swvl ½ RF to fc ptr & wall lead hnd joined,, rk fwd L, recov R (W bk L,, chk bk R, recov fwd L); {**Trning Basic**} Trning RF sd & bk L to CP,, bk R trn ¼ LF with slip pivot action, sd & fwd L trning ¼ LF to fc COH;
- SQQ
- 9-12 TO CHK REV WITH SYNCO PIVOT ENDING SEMI RLOD; FALLAWAY RONDE SYNCO SLIP PIV & FWD; TO RT LUNGE ROLL & SLIP FC COH; FWD TO ONE REV RIFF TRN SHAKE HND;**
- SQ&Q 9-10 {**To Chk Rev with Synco Pivot Ending Semi RLOD**} Trning LF strong sd & fwd R arnd W fc DRC,, trning RF recov L/ cont RF trn fwd R pivot ½ RF, trn RF sd & bk L twd LOD in SCP fcng RLOD (W trning LF cl L to R,, trning RF fwd R/ pivot ½ RF bk L trning RF, fwd R trn RF SCP fcng RLOD); {**Fallaway Ronde Synco Slip Pivot & Fwd**} Sd R in SCP ronde L CCW (W CW),, bk L under body trn LF & rise/ slip R under body cont LF trn, fwd L cont LF trn to fc DW in CP;
- SQQ 11-12 {**To Rt Lunge Roll & Slip Fc COH**} Sd & fwd R DW to rt lunge,, recov L rising and trning RF, trn LF slip R under body trn to fc COH; {**Fwd to One Rev Riff Trn Shake Hnds**} Fwd L twd COH to raise lead hnds,, sd R, cl L leading W to trn LF under joined lead hnds end shake R hnds (W bk R,, riff trn LF sd L twd LOD spin LF, cl R to L to fc ptr & shake R hnds);
- SQQ
- 13-16 HALF MOON;; START HALF MOON; SPOT TRN FC RLOD NO HND;**
- SQQ 13-14 {**Half Moon**} Sd R trning to fc LOD,, chk small fwd L, recov R; Sd & bk L to begin cross body with R sd stretch,, trning LF XRIB of L to lead W across, cont LF trn fwd L cont LF trn to fc ptr & wall (W sd & fwd R,, fwd L across M trning LF, bk R cont LF trn to fc ptr & COH);
- SQQ

SQQ 15-16 {Start Half Moon} Still in handshake sd R trning to fc RLOD,,
 SQQ small chk fwd L, recov R; {Spot Trn Fc RLOD No Hnds} Sd L
 trning to fc LOD,, small fwd R trning LF ½, fwd L fc RLOD no
 hnds [2ND time fc ptr & wall in BFLY for ending];

INTER

1-3+ RUMBA WALKS WITH SD LUNGE ARMS & LOOK 3 TIMES;; LUNGE SD WITH ARM SWEEP JOIN LEAD HND,,

QQS 1-3+ {Rumba Walks with Sd Lunge Arms & Look 3 Times} Fwd R
 QQS X arms IF of heart, fwd L with slgt trn to fc ptr, lunge sd R fc ptr
 QQS with arms opening out look RLOD,; to LOD fwd L X arms IF of
 S heart, fwd R with slgt trn to fc ptr, lunge sd L with arms opening
 out look LOD,; Repeat meas 1 of interlude; {Lunge Sd with Arm
 Sweep Join Lead Hnds} Lunge sd L with trail arms sweep up
 and over btwn ptrs to join lead hnds,,

REPEAT A, REPEAT B MOD TO FC PTR & WALL IN BFLY

ENDING

1-4 FENCE LINE WITH ARM DELAYED;;, LUNGE SD WITH ARMS & LOOK,; RUMBA WALK WITH SD LUNGE ARMS & LOOK 3 TIMES;;

SQQ 1-2 {Fence Line with Arm Delayed Lunge Sd with Arms & Look}
 --S Sd R with lead hnds arm sweep up & over,, XLIF of R with knee
 bend, recov slowly R to fc,, lunge sd L with arms opening out
 look LOD,;

QQS 3-4 {Rumba Walks with Sd Lunge Arms & Look 3 Times} Fwd R
 QQS X arms IF of heart, fwd L with slgt trn to fc ptr, lunge sd R fc ptr
 with arms opening out look RLOD,; to LOD fwd L X arms IF of
 heart, fwd R with slgt trn to fc ptr, lunge sd L with arms opening
 out look LOD,;

5-9 ; SD & THRU WITH ARM SWEEP TO HINGE; SWVL PREP; SLOW SAME FT LUNGE; SLOW CHG SWAY;

QQS 5-6 {Cont} Repeat meas 3 of ending; {Sd & Thru with Arm Sweep
 QQS to Hinge} As music slows sd L, thru R with full arm sweep up
 (W QQQQ) over & bk, sd L blend to CP, lower in L knee to hinge W (W sd
 R, thru L arm sweep, sd R blend to CP, XLIB of R lower to
 hinge);

---- 7-9 {Swvl Prep} Rise in L leg trn body RF to put W onto R ft,, shape
 (WSS) with R sd stretch (W recov R swvl RF,, cl L to R to "L" pos,);
 S-- {Slow Same Ft Lunge & Slow Chg Sway} Sd R cont R sd
 ---- stretch reaching with R leg and then slowly rolling onto it with L
 sd stretch (W XRIB of L into same ft lunge head open as you
 reach and closed as you take wgt); chg sway by trning body RF
 twd W to open her head;

