

ONLY YOU ONLY ME

CHOREO: RANDY & ROSE WULF

RELEASED: Oct 2026

ADDRESS: 4860 E Main St D-103, Mesa, AZ 85205

PHONE: **HIS CELL:** 360/561-8999

HER CELL: 360/561-5185

E-MAIL: randyrosedance@hotmail.com

MUSIC: Only You Only Me

ARTIST: Alessandro Olivato

SOURCE: CasaMusica

TIME: 3:11 as downloaded

<https://casa-musica.com/en/51303-only-you-only-me-rumba-24-.html>

RHYTHM/PHASE: Rumba phase 5 + 2 (Circular Hip Twist, Turkish Towel)

FOOTWORK: Opposite unless indicated (W's footwork in parentheses)

SEQUENCE: **INTRO A, B, C, INT, END**

MEAS

INTRODUCTION

1-3 **WAIT 3 NOTES; HIP RK 3; W ROLL TO FAN M 2;**

- 1 In WRAP pos, M fc wall, R ft free for both;
2 {Hip Rock 3} Rk sd R rolling hip sd and bk, rk sd L rolling hip sd and bk, rk sd R rolling hip sd and bk, -;
3 {Lady Roll to FAN Man in 2} Rk sd L rolling hip sd and bk ldg W to roll out, -, rk sd R rolling hip sd and bk to FAN, -; (Sd L comm to trn LF, sd and fwd R cont LF trn, bk L to FAN pos, -;)

4-7 **STP & GO HCKY STK;; ALEMANA;;**

- 4-5 {Stop and Go Hockey Stick} Ck fwd L, rec R rais L arm to ld W to LF undrm trn, cl L to R, -; ck fwd & acrs R w/L sd stretch shaping to ptr plcg R hnd on W's L shldr to ck her mvt, rec L raising L arm to ld W to a RF undrm trn bk to FAN, cl R, -; (Cl R, fwd L, fwd R trn 1/2 LF undr jnd hnds to end at M's R sd, -; ck bk L, rec R, fwd L trng 1/2 RF undr jnd hnds to end fcg M in FAN Pos, -;)
6-7 {Alemana} Fwd L, rec R, cl L ldg W to trn RF, -; bk R, rec L, sd R, -; (Cl R, fwd L, fwd R comm RF swvl to fc ptr, -; cont RF trn undr jnd ld hnds fwd L, cont RF trn fwd R, sd L, -;)

8-9 **SLO HIP RK 2 HNDSHK; HOLD;**

- 8 {Hip Rock 2, Handshake} Rk sd L rolling hip sd and bk, -, rk sd R rolling hip sd and bk, -;
9 {Hold}-, -, -;

PART A

1-4 **OPN HIP TWST; ALT CROSS BDY;; AIDA;**

- 1 {Open Hip Twist} In HNDSHK ck fwd L, rec R, cl L to R, -; (Bk R, rec L, fwd R twd M w/tension in R arm causing W to swvl 1/4 RF on R on count of "and", -;)
2-3 {Alternating Cross Body} Bk R ld W acrs in frnt of M, rec l comm 1/4 LF trn, sd and fwd R comp 1/4 LF trn to fc LOD, -; Fwd L, fwd R comm 1/2 LF trn on ball of R, sd and bk L comp trn to fc DRW, -; (Fwd L, fwd R comm 1/2 LF trn on ball of R, sd and bk L comp trn to fc WALL, -; Bk R ld M acrs in frnt of W, rec L comm 1/4 LF trn, sd and fwd R comp 1/4 LF trn to fc LOD, -;)
4 {Man back to Aida} Bk R, bk L trng RF, bk R cont RF trn to a "V" bk to bk POS, -; (Fwd L trng RF, sd R trng LF, bk L cont LF trn to "V" bk to bk POS, -;)

5-8 **SWTCH RK; SPT TRN; ALEMANA TO CUDDLE POS;;**

- 5 {Switch Rock} Trng LF to fc ptr sd L ckg bringing jnd hnds thru, rec R, sd L, -;
6 {Spot Turn} Swvlg 1/4 on ball of L stp fwd R trng 1/2 LF, rec trng 1/4 on L to fc ptr, sd to BFLY, -;
7-8 {Alemana to Cuddle Pos} Fwd L, rec R, cl L ldg W to trn RF, -; bk R, rec L, sd R to Cuddle Pos, -; (Bk R, rec L, fwd R comm RF swvl, -; cont RF trn undr jnd ld hnds fwd L, cont RF trn fwd R, sd L, -;)

9-12**CUDDLE 3 TIMES;;; UNDRM TRN CP;**

- 9-10 {Cuddle 3 times} Sd L w/insd edge pressure lowering ld hnds and rel the tension in the R arm as well as trng the upper bdy RF to ld the W's opening, rec R w/tension in R arm to ld the W's return to fc and straightening bdy, cl L to Cuddle Position, -; (From Cuddle Pos swvlg up to 1/2 RF on L ft and w/R sd stretch stp sd R to approx Half Opn, rec L w/L sd stretch stg LF trn, fwd and sd R pleg R hnd on M's L shldr, -;) Sd R w/insd edge pressure lowering ld hnds and rel the tension in the L arm as well as trng the upper bdy LF to ld the W's opening, rec L w/tension in L arm to ld the W's return to fc and straightening bdy, cl R to Cuddle Position, -; (From Cuddle Pos swvlg up to 1/2 LF on R ft and w/L sd stretch stp sd L to approx Half Opn, rec R w/R sd stretch stg RF trn, fwd and sd L pleg L hnd on M's R shldr, -;)
- 11 Repeat Meas 9;
- 12 {Underarm Turn} Raising jnd ld hnds trn bdy slightly RF bk R, rec L squaring bdy to fc ptr, sd R to CP, -; (Swvlg 1/4 RF on ball of supporting ft stp fwd L trng 1/2 RF, rec R trng 1/4 RF to fc ptr, sd L, -;)

13-16**CIRCULAR HIP TWST;;; UNDRM TRN HND SHK;**

- 13-15 {Circular Hip Twist} Fwd L, rec R, XLib of R, -; sd and bk R making 1/8 LF trn ld W to swvl RF, XLib R trng and bkg LF ld W to swvl LF, sd and bk R trng LF ld W to swvl RF, -; XLib of R trng LF ld W to swvl LF, sd and bk R trng LF ld W to swvl RF, cl L ld W to swvl LF, -; (Swvl on L stp bk R trng 1/2 RF, rec L start LF trn, fwd R outsd ptr comp 5/8 LF trn, -; swvl 1/2 RF stp fwd L, swvl 1/2 LF stp fwd R, swvl 1/2 RF stp fwd L, -; swvl 1/2 LF stp fwd R, swvl 1/2 RF stp fwd L, swvl 1/2 LF stp fwd R to fc, -;)
- 16 {Underarm Turn, Handshake} Raising jnd ld hnds trn bdy slightly RF bk R, rec L squaring bdy to fc ptr, sd R to HND SHK, -; (Swvlg 1/4 RF on ball of supporting ft stp fwd L trng 1/2 RF, rec R trng 1/4 RF to fc ptr, sd L, -;)

PART B**1-4****STRT FLIRT VARS; SWTHRTS TWICE LDY FC;; FNC LINE;**

- 1 {Start Flirt, Varsouvienne} Fwd L, rec R, sd L, -; (Bk R, fwd L, fwd R trng LF to Vars, -;)
- 2-3 {Sweethearts Twice} Ck fwd R w/L sd ld into cbm, rec L straightening bdy, sd R, -; (Bk L w/R sd ld into cbm, rec R straightening bdy, sd L, -;) Ck fwd L w/R sd ld into cbm, rec R straightening bdy, sd L to BFLY, -; (Bk R w/L sd ld into cbm, rec L swvlg to fc ptr, sd R, -;)
- 4 {Fenceline} X lun thru R w/bent knee looking in the dir of lun, rec L trng to fc ptr, stp sd R, -;

5-8**NEW YRKR; FAN; HKY STK W SPRL;;**

- 5 {New Yorker} Swvlg on R bring L thru w/straight leg to a sd by sd pos, rec R swvlg to fc ptr, sd L, -;
- 6 {Fan} Bk R, rec L, sd R, -; (Fwd L, trng LF stp sd and bk R making 1/4 trn to L, bk L leaving R extd fwd w/no wgt, -;)
- 7-8 {Hockey Stick w/Spiral} Fwd L, rec to R, cl L to R, -; XRib of L trng RF 1/8, sml fwd L, fwd R DRW, -; (Cl R to L, fwd L, fwd R w/sprl, -; trng LF 1/8 fwd L, fwd R trng LF 1/2 to end bkg, bk L, -;)

9-12**1/2 BAS TO CORTE; RK 3; FWD SCAR W DEVLOPE'; ALEMANA TRN HND SHK;**

- 9 {Half Basic to Corte} Fwd L, rec R to Cuddle Pos, stp bk and sd L using lowering action w/supporting leg flexed.
- 10 {Rock} Bk L, fwd R, bk L to BFLY, -;
- 11 {Forward to Sidecar, Woman Develop} Fwd L outsd ptr to SCAR chkg, -, -, -; (Bk R, bring L foot up R leg to insd of R knee, xtnd L ft fwd, -;)
- 12 {Alemana Turn} Bk R slightly acrs bdy ldg W undr ld hnds, rec L, cl R to HND SHK, - (W fwd L DLC undr ld hnds trng 1/2 RF, fwd R DRW trng 1/4 RF, fwd L M's R sd, -;)

PART C**1-4****STRT TURKISH TOWEL TO M VARS;; BK WHEEL 3; HCKY STK ENDG;**

- 1-2 {Turkish Towel to Man Varsouvienne} HND SHK Fwd L, rec R, cl L raising jnd hnds to ld W's alemana trn, -; bk R, rec L trng 1/4 LF, sd R to mod M's Vars Pos [M in frnt of W to her R sd] jn L hnds, -; (Bk R, rec L, fwd and sd R comm RF trn, -; cont RF trn undr jnd R hnds frwd L, cont RF trn fwd R, fwd L comp a 1-1/4 RF alemana trn arnd M to end in bk of and to M's L sd jng L hnds in mod M's Vars Pos W's R hnd on M's R shldr, -;)

- 3 {Back Wheel} Bk L trng RF, bk R cont to trn RF, bk L to fc COH, -; (Fwd R trng RF, fwd L cont to trn RF, fwd R to fc COH, -;)
- 4 {Hockey Stick Ending} Bk R, rec L, fwd R following the W, -; (Fwd L, fwd R trng LF to fc ptr, sd and bk L, -;)

5-8 HALF BASIC; CRAB WLKS;; SPT TRN HNDSHK;

- 5 {Half Basic} Fwd L, rec R, sd L, -;
- 6-7 {Crab Walks} XRif of L, sd L, XRif of L, -; sd L, XRif of L, sd L, -;
- 8 {Spot Turn} Swvlg 1/4 on ball of L ft stp fwd R trng 1/2 LF, rec L trng 1/4 LF fc ptr, sd R to HNDSHK, -;

9-14 STRT TURKISH TOWEL TO M VARS;; BK WHEEL 3; HCKY STK ENDG;

HALF BASIC; CRAB WLK 3;

Repeat Meas 1-6

15-16 SLO HIP RK 2 HNDSHK HOLD;;

- 15-16 {Hip Rock 2 & hold} Rk L, -, rk R to HNDSHK, -; Hold, -, -, -;

INT

1-4 OPN HIP TWST; ALT CROSS BDY;; BK TO AIDA;

- 1-4 Repeat Measure 1-4 of Part A

5-8 SWTCH RK; UNDRM TRN SCAR; CK FWD W DEVELOPE'; W TO FAN;

- 5 Repeat Measure 5 of Part A
- 6 {Under Arm Turn to SCAR} {Underarm Turn} Raising jnd ld hnds trn bdy slightly RF bk R, rec L squaring bdy to fc ptr, sd R to SCAR, -; (Swvlg 1/4 RF on ball of supporting ft stp fwd L trng 1/2 RF, rec R trng 1/4 RF to fc ptr, sd L, -;)
- 7 {Forward to Sidecar, Woman Develop} Fwd L outsd ptr to SCAR chkg, -, -, -; (Bk R, bring L foot up R leg to insd of R knee, xtnd L ft fwd, -;)
- 8 {Fan} Bk R, rec L, sd R, -; (Fwd L, trng LF stp sd and bk R making 3/8 trn to L, bk L leaving R xtnd fwd w/no wgt, -;)

END

1-4 STP & GO HCKY STK;; ALEMANA TO CP;;

- 1-4 Repeat Measures 4-7 of Intro

5-8 CIRCULAR HIP TWST;;; W TO FAN;

- 5-7 Repeat Measures 13-15 of Part A

- 8 Repeat Measure 8 of Interlude

9-12 SLO HCKY STK w/SPIRAL, HOLD;;; STRT ALEMANA;

- 9-10 {Hockey Stick w/Spiral} [Tempo Slows] Fwd L, rec to R, cl L to R, -; XRif of L trng RF 1/8, sml fwd L, fwd R DRW, -; (Cl R to L, fwd L, fwd R w/sprl, -; trng LF 1/8 fwd L, fwd R trng LF 1/2 to end bkg, bk L, -;)

- 11 Hold, -, -, -;

- 12 {Start Alemana} Fwd L, rec R, cl L ldg W to trn RF, -; (Bk R, rec L, sd R comm RF swvl, -;)

13-14 WRAP W M TRANS; RT LUNGE;

- 13 {Wrap Woman, Man in 2} Bk R, -, fwd L to WRP, -; (XLif of R comp swvl to WRP, sd R, cl L, -;)
- 14 {Right Lunge for both} Sd R onto flexed R knee, -, -, -;

ONLY YOU, ONLY ME

Wulf

RB5+

INTRO. . . WRAP POS, M FC WALL, RT FT FREE BOTH

3 notes; HIP RK 3; LDY ROLL TO FAN, M TRANS IN 2;

STP & GO HCKY STK;; ALEMANA;; SLO HIP RK 2, HNDSHK, HOLD;;

PART A

OPN HIP TWST; ALT CROSS BDY;; M BK TO AIDA;

SWTCH RK; SPT TRN; ALEMANA TO CUDDLE;; CUDDLE, 3 TIMES;;

UNDRM TRN, CP; CIRCULAR HIP TWST;;; UNDRM TRN, HNDSHK;

PART B

STRT FLIRT, VARSUV; SWEETHRTS, TWICE; LDY FC; FENCELINE;

NEW YRKR; FAN; HCKY STK w/SPIRAL;;

HALF BASIC TO CORTE; RK 3; FWD SCAR, DEVELOPE’;

ALEMANA TRN, HNDSHK;

PART C

STRT TURKISH TOWEL TO M VARS;; BK WHEEL 3; HCKY STK ENDG;

HALF BASIC; CRAB WLKS;; SPT TRN, HNDSHK;

STRT TURKISH TOWEL TO M VARS;; BK WHEEL 3; HCKY STK ENDG;

HALF BASIC; CRAB WLK 3; SLO HIP RK 2, HOLD;;

INT

OPN HIP TWST; ALT CROSS BDYS;;

BK TO AIDA; SWTCH RK; UNDRM TRN, SCAR;

CHK FWD, DEVELOPE’; LDY TO FAN;

END

STP & GO HCKY STK;; ALEMANA; CP;

CIRCULAR HIP TWST;;; TO FAN; SLO HCKY STK w/SPIRAL, HOLD;;..

ALEMANA; WRAP LDY, M TRANS; RT LUNGE; END;;