You Owe Me One

PART A (14 meas)

R SD PASS ; LOFP Wall -- chk bk L, XIF, fwd L trng RF, XRIF; to LOFP COH
(chk bk R, fwd L, fwd R trng RF, bk L;)

M INSD U/A PASS ; LOFP COH -- chk bk L, XIF, fwd L trng undrm LF, bk R; to LOFP Wall
(chk bk R, fwd L, fwd R trng RF, bk L;)

CLOSE to L-Pos ; LOFP Wall -- chk bk L, XIF, fwd L trng RF, cl R; to L-pos RLOD
(chk bk R, fwd L, fwd R trng RF, bk L; to L-pos Wall)

RELEASE LOP RLOD ; L-pos RLOD -- chk sd L, rec R, XLIF, sd R; to LOP both RLOD
(bk R, fwd L trng LF, sd & bk R, sd L;)

X CHK & CLOSE to EL ; LOP both RLOD -- XLIF, rec R, sd L, cl R; return to L-pos
(XRIF, rec L trng RF, sd & fwd R, bk L;)

RELEASE to Wall ; L-pos RLOD -- chk sd L, rec R, XLIF trng LF, bk R; to LOFP Wall
(chk bk R, fwd L, fwd R trng LF, bk L;)

HND CHG PASS COH ; LOFP Wall -- chk bk L, XIF, fwd L trng LF, bk R; to LOFP COH
(chk bk R, fwd L, fwd R trng RF, bk L;)

Lady INSD U/A PASS ; LOFP COH -- chk bk L, XIF raise ld hnds, fwd L trng RF, XRIF; to LOFP Wall
(chk bk R, fwd L, fwd R trng LF undrm, bk L;)

ROLL PASS LOP LOD ; LOFP Wall -- chk bk L, XIF, fwd L trng RF, sd R; to LOP LOD
(chk bk R, fwd L, fwd R trng LF, sd L;)

CIR PASS Wall ;; OFP Wall no hnds -- chk bk L, XIF, fwd L trng LF, sd & bk R; OFP COH
trng LF sd & fwd L, fwd R trng, sd & bk L, cl R; LOFP Wall
windmill R arm up on 2, L on 4, R on 6, L on 8
(chk bk R, fwd L, fwd R, bk L trng 1/2 RF;
fwd R, fwd L trng 1/2 RF, cl R, cl L;)